

the otherpress

The Douglas College Newspaper Since 1976

Volume 42

May 3, 2016

Issue 28





Hope Solo via deadspin.com

The wholly see

I am a strong advocate for straight shooting: say what you mean and mean what you say. No games. No finagling. And definitely don't try to appear magnanimous when your ulterior motives are entirely selfish.

Pope Francis and his PR team were at it again in April, seeking to continue building the popular brand that he's so confidently established since taking the reins from Pope Benedict. The ruse this time? A trip to the Greek island of Lesbos, where thousands of Syrian refugees are suffering in contained camps. After comforting those he could, Francis even took three Muslim families back to Italy with him to be clothed, sheltered, and cared for. All of this was "purely humanitarian" and not political.

As anyone should be, I am quite pleased that some relief, however little, was brought. Camp conditions were temporarily

improved so the Pope wasn't walking through a sty, and the three families that were saved now have a decidedly more settled future ahead of them. *However*, Francis' claim of his actions being entirely humanitarian and not political is like a rotten apple at the grocery store—I'm not buying it.

For starters, if the trip was truly about providing aid, why only take three families? Yes, the Vatican is an exceedingly small country, *but none of the refugees are going to be housed there anyway*. The fortunate families will be put up nearby the Vatican while their expenses are covered until they can stand on their own, essentially meaning that the Pope's gesture is primarily a gift of money. And if money is the key ingredient, is Francis suggesting that a mere 12 people is all the church can afford to

put up? Not to get into the also-very-interesting murky waters of the Vatican's translucent financial reports, but the Vatican City State (museums, fire department, pharmacy, and other municipal offices and services) posted a €63.5 million surplus leaving 2014 while the Holy See (diplomatic entities, the universal mission; and radio, television, and newspapers) faced a €25.62 million deficit. If nothing else, these figures serve to illustrate the fact that, should the Vatican legitimately care about the issue, money could be poured in to save a great deal more refugees. Three [families] is a very arbitrary number. A number that can be little more than a political statement.

The proposal to take in some families was reportedly pitched to Francis a mere week before his visit and he supposedly

immediately accepted it. Perhaps Vatican paperwork is different, but fast-tracking something like that is rather impressive, and if papers could be filed that quickly for 12 people, again, why stop there?

We also have to take note of the fact that all three families were Syrian Muslims. No Catholics. No Christians even. The lucky few were selected by random draw and because their papers were in order.

Extreme coincidence is a very rare animal indeed. Out of the thousands of refugees, the winners of the draw all happened to be Muslim. If Francis thinks us all to be children of god, he could not have asked for a more favourable result to showcase his beliefs.

A final note is that as soon as Francis talks to the media, there is a story, and by extension,

a statement. If aid is the goal there needn't be cameras, quotes, or stories. The same effect could have easily been achieved by having a small unnamed delegation retrieve the families devoid of fanfare. *That* wouldn't be a political statement. *That* would be "purely humanitarian."

To finish with some of Pope Francis' words (quoting Mother Teresa) on the matter: "It's a drop of water in the sea. But after this drop, the sea will never be the same." Thank god he didn't make a political statement.

Danke danke,

Eric Wilkins

Editor-in-Chief

the otherpress



Eric Wilkins
Editor-in-Chief
✉ editor@theotherpress.ca



Lauren Kelly
Assistant Editor
✉ assistant@theotherpress.ca



Mercedes Deutscher
News Editor
✉ news@theotherpress.ca



Adam Tatelman
Arts Editor
✉ arts@theotherpress.ca



Davie Wong
Sports Editor
✉ sports@theotherpress.ca



Chitwan Khosla
Features Editor
✉ features@theotherpress.ca



Brittney MacDonald
Life & Style Editor
✉ lifeandstyle@theotherpress.ca



Elliot Chan
Opinions Editor
✉ opinions@theotherpress.ca



Chandler Walter
Humour Editor
✉ humour@theotherpress.ca

Angela Ho
Business Manager
Jacey Gibb
Distribution Manager
Cara Seccafien
Layout Manager
Joel McCarthy
Graphics Manager
Elizabeth Jacob
Production Assistant

Ed Appleby
Illustrator
Jony Roy
Social Media Coordinator
Aaron Guillen
Staff Reporter
Staff Writers
Rebecca Peterson
Cazzy Lewchuk
Jamal Al-Bayaa

Senior Columnists
David Manky
Jerrison Oracion
Lauren Paulsen
Columnists
Sharon Miki
Jake Wray
Contributors
Cheryl Minns

Rm 1020 – 700 Royal Ave.
Douglas College
New Westminster, BC
V3L 5B2
☎ 604.525.3542

🏠 theotherpress.ca
✉ editor@theotherpress.ca
📺 📷 📱 /theotherpress
f/DouglasOtherPress

- ☑ The Other Press has been Douglas College's student newspaper since 1976. Since 1978 we have been an autonomous publication, independent of the student union. We are a registered society under the Society Act of British Columbia, governed by an eight-person board of directors appointed by our staff. Our head office is located in the New Westminster campus.
- ☑ The Other Press is published weekly during the fall and winter semesters, and monthly during the summer. We receive our funding from a student levy collected through tuition fees every semester at registration, and from local and national advertising revenue. The Other Press is a member of the Canadian University Press (CUP), a syndicate of student newspapers that includes papers from all across Canada.
- ☑ The Other Press reserves the right to choose what we will publish, and we will not publish material that is hateful, obscene, or condones or promotes illegal activities. Submissions may be edited for clarity and brevity if necessary. All images used are copyright to their respective owners.

- ✓ Wheels on the bus go to negotiations
 - ✓ Student Engagement Gala celebrates student and staff contributions to success
 - ✓ Evergreen Line: Staying on track?
- And more!

Victim to victor: a local perspective

› Jodie Ortega ignites conversation from sexual abuse

Aaron Guillen
Staff Reporter

“Men are afraid that women will laugh at them. Women are afraid that men will kill them.”

Margaret Atwood stumbled upon these insights after talking with her male and female friends about why they feel threatened by the opposite sex. While men were afraid of failure or making idiotic decisions, women were afraid of physical violence or their children’s safety.

Margaret’s words inspire and drive the women of today to change that viewpoint—one of whom is New Westminster’s Jodie Ortigas. Ortega, a self-proclaimed feminist, has been making leaps and bounds in hopes of building a future with less sexual violence, simply by sharing her story. She is breaking her silence, through the use of platforms such as TED Talks, and contributing writings to the anthology *Trigger Points*.

Ortega is a survivor of domestic violence, childhood sexual abuse, and multiple isolated sexual assaults. At a young age, she was abused by her grandfather, who convinced her to withhold telling her family—and when she spoke up, a family meeting was held in which he showed no remorse.

“The only words he had to defend himself was: ‘We were close,’” she recalled.

Over the years, Ortega has grown up and learned to surround herself with people who support her while she continues to journey through life, spreading her message of self-love and continuing the conversation around sexual abuse. Ortega has learned to take feedback in stride, especially since it can be mixed.

“As a woman of colour I face unique experiences that I doubt my white colleagues/fellow public speakers face,” she noted.

After a public speaking engagement, she has received compliments on how well she spoke English, asked about where she learned to speak it, and her personal favourite, “Were you adopted by a white couple?”

“Locally, I experience a racial divide. After [any talk] it is mostly, if not all white men and women approaching me, wanting to thank me for my bravery in speaking out, wanting to know more about my activism work. They hand me their business card and suggest we meet up for coffee so they could tell me more about the work they do in the hopes that there will be future collaborations. They talk to me as an activist, and talk about me and my present work.”

However, Ortega has dealt with many strong opinions.

“The feedback I have received from Asian women has been mostly, unsurprisingly, negative. They talk to me like I’m still a victim, they re-victimize me through the things they say, (e.g., ‘What do you get from doing this?’ ‘How do you think your family feels?’) An Indian woman at an event approached me after my talk and whispered in my ear, ‘You have just shamed your entire family,’” she said.

Ortega went on to further discuss her angst with men and the roles they play in today’s rape culture and how it plays into an ongoing cycle.

“We live in a patriarchal society that continues to feed boys unhealthy machismo messages like: ‘Boys don’t cry,’ ‘Don’t be a pussy,’ ‘Man up!,’ ‘You run/hit like a girl,’—it’s not right,” she warned.

Additionally, there are a number of myths that make it difficult for a male survivor to break their silence. Some of these are that only gay men sexually assault/are sexually assaulted, that men can’t be sexually assaulted at all (by men or women), and that if a man has a physiological response (erection, ejaculation), then they must have wanted it.

“These myths minimize the seriousness of the sexual assault and actually allows the rapists to avoid responsibility for their actions,” she stated.

“For most men, to admit to being sexually assaulted is admitting to being less of a man. How you react if a survivor discloses abuse to you is very crucial. If it doesn’t go well (you dissociate yourself from them, you minimize their abuse, doubt them, etc.) the survivor can be re-traumatized and may not speak up again for a long time. The human response is so important.”

Ortega addressed the “breaking of silence” of anyone as a time that should be taken seriously.

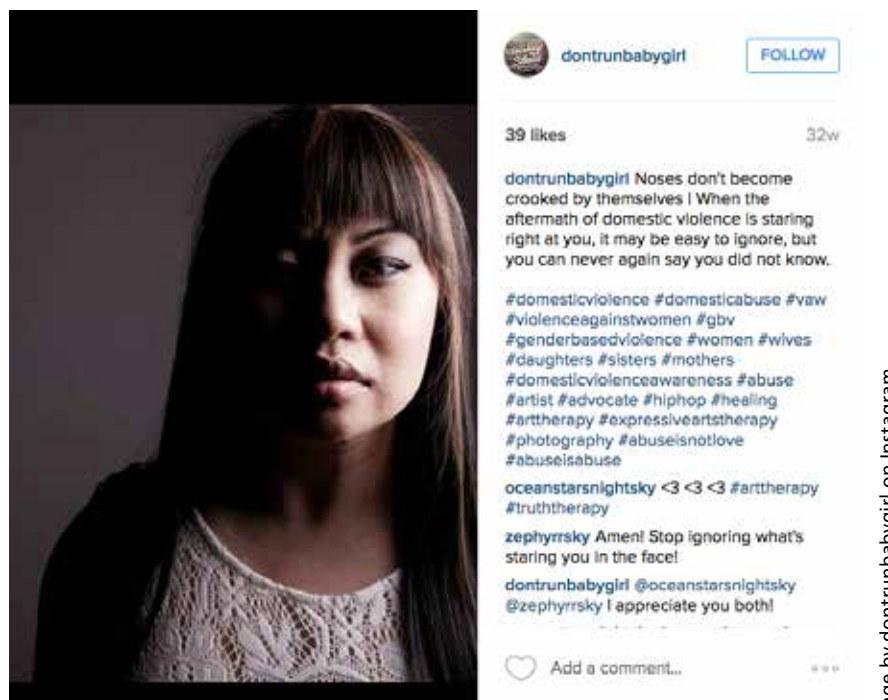
“Campaigns, conferences and workshops based around spreading awareness about trauma are fantastic, but the only way to see radical change and eradicate rape culture is to keep the dialogue surrounding sexual violence an ongoing conversation,” explained Ortega.

“I encourage every person to reflect how we as individuals contribute to our society that is so tolerant of violence against women. I challenge you to call out symptoms of rape culture immediately when you see it. Call it out every single time until it loses its power, so maybe in the future there would be no need for campaigns because we would be living in a society free of sexual violence.”

Recently, Ortega has been involved with WINGS Monarch Place, a support shelter for women and children fleeing domestic violence, and Purple Light Nights, a domestic violence awareness campaign, to reach those that need a helping hand. In an effort to reach out to all women, men, and children in her former position, she provides the following words of advice.

“The first survivor step is knowing your self-worth,” she explained.

“You can never heal your wounds of trauma if you are currently involved in an abusive relationship. New occurrences of abuse will continue to add up to your trauma hindering your healing journey. It is necessary that, before healing, you move out of the negative relationship. You cannot survive in a relationship that constantly adds up more trauma and expect yourself to heal. What you allow will always continue.”



New bill might help international students get citizenship faster

› Bill C-6 will count 50 per cent of students time in Canada towards requirements

Aliona Kuts

The Dialog (George Brown College)

A new federal law proposes changes that could make getting Canadian citizenship easier for international students. Bill C-6, *An Act to Amend the Citizenship Act*, was recently introduced into the House of Commons and is now before the Standing Committee on Citizenship and Immigration.

“The changes proposed in Bill C-6 would provide for greater flexibility for citizenship applicants to meet the requirements for citizenship and to help immigrants achieve citizenship faster,” said Faith St-John, a spokesperson from the department of Immigration, Refugees, and Citizenship.

In the proposed bill, international students will be able to count 50 per cent of their study time towards the physical residency requirement for citizenship, said John Porter, director of International Admission and Student Services. The new requirements would mean that international students would only need to reside three of the last five years in the Canada.

“We are very supportive of



Immigration Minister John McCallum

Photo by Fred Chartrand via CP

the changes that the government is making as they recognize the great value and contribution that international students bring to Canadian society, culture and economy,” said Porter.

If the legislation goes through, each day that an international student is in Canada could be counted as a half-day toward meeting the physical presence requirement for citizenship said St-John.

Under the

existing Citizenship Act, people cannot count time they spent in Canada before becoming a permanent resident towards meeting the physical presence requirement for citizenship, St-John added.

Individuals applying for citizenship who benefit from the half-time credit for time spent in Canada before becoming a permanent resident would still need to be physically present in Canada for two years as a

permanent resident before being eligible for citizenship.

Separately, according to Porter, Canada’s Immigration Minister John McCallum has committed to a review and reform of the points-based Express Entry system, an immigration program that was launched under the former Conservative government system.

“We’re not sure what those reforms will look like going forward, but we hope, at a

minimum, that the government will consider increasing the number of points given to international students for their Canadian education credential and work experience,” said Porter. Decreasing the number of points applicants gain for receiving a government-approved job offer would be great too, said Porter, since international students often have a hard time acquiring such an offer.

The fees to apply for Permanent Residency will remain the same, under the proposed changes, according St-John.

The proposed changes support the federal government’s goal of making it easier for immigrants to build successful lives in Canada, reuniting their families and contributing to the economic success of all Canadians. The time credit would also encourage skilled individuals to come to Canada to study or work, and would benefit groups like protected persons and parents and grandparents on visitors’ visas, added St-John.

Bill C-6 has passed through the House of Commons and is now being discussed by the Standing Committee on Citizenship and Immigration.

Wheels on the bus go to negotiations

› Transit operators vote in favour of taking job action

Mercedes Deutscher

News Editor

After failing to agree on a new contract with TransLink, members of Unifor Local 111 and 2200—the unions that represent 3,700 transit operators—voted on April 28 whether or not to go on strike. Turnout was high, with 98 per cent in favour of the strike.

At this time, this does not mean that bus drivers, SeaBus operators, and other TransLink staff will be walking off of the job; however, the unions will be going to the negotiating table with the Coast Mountain Bus Company, the section of TransLink that they are hired by.

The unions may choose to take job action if negotiations fail by giving 72 hours notice. If job action occurs, bus services will be dramatically reduced, with busier routes having reduced service and quieter routes ceasing to operate at all. The SkyTrain will still continue to operate as normal, perhaps increasing non-peak-hour service to transport



Photo via TransLink

an increase in passengers.

The unions have requested higher wages, increased benefits, and better work environments as part of their demands. Workers have said they experienced more “service optimization,” which resulted in cuts to service, overcrowding of remaining services, and layoffs, according to the *Vancouver Sun*. Breaks

have also been an issue.

“There’s no respite for operators at the end of the line; there are few opportunities to go to the washroom or take on a nutrition break,” Nathan Woods, president of Unifor 111, said to the *Vancouver Sun*. “You’ve got to improve opportunities for respite.”

Contract negotiations were originally supposed to take place

in 2014, but their pre-existing contract was extended by a year so that TransLink could better focus on the 2015 plebiscite.

In the April 6 contract negotiations preceding the vote for job action, Coast Mountain tried to negotiate a contract that would take away previous benefits won in a 2001 strike.

“We’re looking forward

to meeting with the employer on May 9,” Woods said to CTV News. “Hopefully they come back and have a package that we can look at and get down to negotiating again.”

TransLink maintains in a statement that they wish to resolve the issue quickly and fairly through negotiations.

The last time that these unions went on strike was in 2001, where job action lasted for four-and-a-half months until the union was legislated back to work, although a satisfactory contract was created afterwards. It followed similar patterns to the 2014 BC Teachers Federation strike, with suggestions of binding arbitration and intense intervention by long-time mediator Vince Ready. Low-income employees were particularly affected, as many were unable to get to work without public transit. Smaller businesses also suffered under the strike, losing up the 70 per cent profit since fewer people could access them.

Student Engagement Gala celebrates student and staff contributionS to success

› Douglas College recognizes achievement across community

Jamal Al-Bayaa
Staff Writer

On April 20, students, faculty, and staff met to recognize and celebrate the hard work that goes into creating an engaging student experience at Douglas College.

Groups in attendance included the Zambia Leadership Program, Student Ambassadors, DSU Student Representatives, the Life at DC social media team, and peer tutors from the library's Learning Centre.

The evening was hosted by Lucas Britton, a now graduated music student and student ambassador; and third year student Meredith Graham, who graced the audience with a mashup of "Hello" by Adele and "Let It Go" from the *Frozen* soundtrack.

After opening with a First Nation territory recognition, alumni Renee Naidu gave the opening speech. Now graduated and successful in her career, she spent the speech reminiscing over how student engagement brought her to the career that she has today, and explained why she felt so passionately about getting involved at school. She gave further recognition to the Student Ambassadors, crediting them with building her confidence as a leader.

According to Eric Glanville, head of the Office for New Students, Naidu did more



Image via Douglas College Student Services on Flickr

than just learn how to speak and be confident during her time at the Ambassadors.

"She got hired as student staff at the ONS, and within a year she was running everything in the program," said Glanville. "She had created the tightest student relationships that the program had seen in a long time. People respected her."

Naidu utilized these skills when she went to Zambia a few years ago, creating educational programs for young children, and organizing and encouraging community engagement to help promote development in

the region. As a result, she is currently working with children, exactly how she envisioned she would be when she began the Child, Family, and Community studies program at Douglas.

After some more speeches by faculty, 14 groups were recognized for leadership and student engagement on campus. These groups included the DSU Psychology Society, the Cultural Connections and International Volunteers, and the Douglas College Business Administration, which just recently organized the FortisBC Climate Change: Beyond the Headlines event

that happened on April 1.

At the end of the night, the awards were given out to their deserving recipients.

The categories were "outstanding contribution to Student Engagement by a college unit or department," "Outstanding contribution to student engagement by a faculty or staff member," and the "Leader of the Year" award, which was given to two students this year.

The award for contribution by a department was awarded to the Bachelor of Science in Nursing Program (BNS) for

significantly enhancing the number of students majoring in nursing. They did this by supporting programs such as the BNS peer mentorship program, and "constantly thinking of ways to improve the student experience," as said by the recipients in their thank you speeches.

For contribution to student engagement by a faculty or staff member, Daniela Pacheva was awarded for her tremendous work in the supporting and mentorship of students. The Leader of the Year award saw Ruab Waraich and Marissa Martin as the two recipients of the recognition and \$1,000 prize.

The full list of students mentioned as Student Leadership groups:

DCBA
Douglas College Psychology Society
Cultural Connections and International Student Volunteers
DSU and the DSU Crew
DSU Athlete's Student Council
Aboriginal Student Resource assistants
Zambia Global Leadership Program
Peer Health Educators
ONS Student Ambassadors
BSN Peer Mentorship Program
Sport Science Student Council
Learning Centre Peer Tutors
Sport Science Peer Mentorship Program
Life at DC Social Media Team

Evergreen Line: Staying on track?

› Stations near completion, yet line runs over the budget

Mercedes Deutscher
News Editor

TransLink users will soon have an opportunity to take a sneak peak at the Evergreen Line prior to its opening.

On April 25, the public was allowed to go and observe the recently completed Inlet Centre Station, with a test train stopped at the station. Similar viewing are expected to take place in the near future.

"Inlet Centre Station features an innovative design that allows passengers convenient, safe access from each side of Barnet Highway," Minister of Community, Sport and Cultural Development Peter Fassbender said in a press release. "It also offers a direct view of some of the environmental enhancements that have been

developed along the Evergreen alignment, including fish and riparian habitat."

It is a trend that will be followed by most Evergreen stations. Plazas will be built around the 85 per cent complete stations during the summer, starting in mid-May. These plazas will include bike racks, sitting areas, and public art.

Jacob Bros. Contracting will build these plazas, which will each cost \$1.5 million.

Yet the decision to build plazas comes with some backlash, since the transportation project has been already pushed from a summer 2016 to an early 2017 opening.

Negotiations are currently taking place as well to determine where funding for budget overruns will come from. The line was expected to originally cost \$1.4 billion, but problems



Image by MinistryofTransBC via YouTube

with tunnel boring and sinkholes have added to the budget.

"You know, on a project this complex, there are always things that come up that weren't anticipated in the early days," said Fassbender to CTV News. "I know those have been dealt with by the contractor and the project authority. This project

will be on time and on budget."

It has not yet been revealed just how much over the budget the Evergreen Line will be, or if the responsibility for the budget overruns will fall on the provincial government or the construction companies, as the province has maintained that governmental coverage

of costs comes with the fixed contract price, and additional costs should be borne by the constructors. This will likely be clarified when the BC Liberals release their 2017 budget.

Still, overall optimism around the Evergreen Line remains high as the line nears completion.

"This construction milestone is bringing us closer to completing the longest transit system in Canada," said Port Moody-Coquitlam MLA Linda Reimer in a press release. "We're proud to invest in this project, which will meet the demands of a growing population, provide communities with well-designed public spaces, and connect the Tri-Cities communities to the Metro Vancouver transit network."

ARTS

Books, brains, and beer

› LitFest New West expands its borders

Adam Tatelman
Arts Editor

The city of New Westminster has long been a hive for students and patrons of the arts looking to make contributions, and as the years go by, more people are drawn to the growing number of arts events in the area. As a result, the Arts Council of New Westminster have decided to amp up their event planning and promotions. To that end, Arts Council member and former *Other Press* Trevor Hargreaves sat down to discuss the future of LitFest.

According to Hargreaves, one of the greatest challenges facing the LitFest is appealing to a larger and more varied audience. Given the influx of families and business professionals into the New West area, potential attendees now come from a wider age range. “It’s really all over the map,” Hargreaves noted, “so we tried to get something for everyone.”

To make good on that promise, the LitFest had to grow. “Traditionally, these events have been fairly small. They appeal to the same people every year. They’re very literature focused, based around seminars,” Hargreaves observed. “With the

establishment of the Anvil Centre and other places like it, you have new venues for performance, so we’ve expanded the festival to those areas, where in the past it’s mostly been confined to the Douglas campus.”

To justify the use of so many spaces, LitFest had to increase the scope of its advertising to draw more patrons. In addition to the usual poster and word of mouth campaigns, the Arts Council has sponsored multi-string advertising, including targeted marketing on social media, regional NDP newsletters, promotion through various arts groups, and even a series of ads in the *Georgia Straight*.

At Hargreaves’ behest, Douglas College’s creative writing department, Aboriginal Coordinator, and Alumni association have partnered with LitFest to assist in promotions. “Last year I was on the alumni association, so it only made sense to bring these things together,” Hargreaves commented. “It reflects all the aspects of Douglas College’s literary and journalistic ambition.”

In order to entertain the growing audience, a number of fun events have been scheduled. The event begins with a beer

tasting at the New West public library, hosted by CBC’s Stephen Quinn. The tasting also features Joe Wiebe, author of *Craft Beer Revolution*, who will deliver a talk on the history of beer-making in New West.

In the following days, there are a number of seminars and workshops based around writing, proofing, editing, and publishing, including a poetry reading at by local poets’ society Poetic Justice. There will also be talks with big figures like former BC Premier Ujjal Dosanjh and CBC’s Grant Lawrence, followed by a singer/songwriter’s panel.

“The theme for the event is the diverse community; if you’re a writer, whatever your interests are, there are a variety of seminars and workshops throughout the day for you,” Hargreaves said. “My buddy once said that New West is the Brooklyn to Vancouver’s New York, because New West has gone through such a sense of urban renewal. You’ll find that reflected at our festival.”

LitFest New West takes place May 13–19. Get details on the event at litfestnewwest.com

Full disclosure: The *Other Press* is a sponsor of LitFest New West.

- ✓ Neel Sethi is the king of the jungle
 - ✓ Chairman of the Board: Many suns, many sands
 - ✓ How to kill a hit
- And more!



Image via thinkstock

Syfy’s new show fails to intrigue

› ‘Hunters’ pilot episode review

Lauren Paulsen
Senior Columnist



What if there was a group of terrorists who weren’t human? The new television series, *Hunters*, explores this idea. Based on a novel called “Alien Hunters” by Whitley Strieber, *Hunters* is a new crime drama with a sci-fi twist.

FBI agent Flynn (Nathan Phillips) is thrust into a new world when his wife Abby (Laura Gordon) is abducted by strange creatures. On the outside, they look human, but inside, they are not. No one knows where they are from, or what they want, just that they must be stopped. A secret task force is assigned to protect the public from these Hunters. Flynn is recruited



Image via Syfy.com

by them and together they try to figure out why the Hunters are so interested in Abby.

Everyone on this show seems to have secrets. Flynn is suffering from post-traumatic stress and recurrent flashbacks that seem to indicate that he has come into contact with the Hunters before. His partner died at that time, so he and Abby

took in his partner’s daughter, Emme (Shannon Berry), who has quite a few issues herself.

Regan (Britne Oldford), one of the special agents on the Hunter task force, appears to have a connection to the Hunters—something alluded to in the first episode, but is actually revealed in the trailer—and then there’s Abby, seemingly just an

ordinary piano teacher, yet of great interest to the Hunters.

Unfortunately for the show, it feels like it is trying too hard. Hardly anything is explained in the pilot episode, and even if we learn more later on, the plot will likely drag on with this vague idea of these Hunters being a threat to humanity. A lot of the plot is too ambiguous to really hold your attention.

The characters also fall flat, unfortunately. Attempts are made to catch our interest through all of these secrets, but the characters just appear two-dimensional. It’s hard to really empathize with them.

Visually, the episode can be quite annoying, as a lot of the time the lighting is quite poor, making it difficult to see what is going on, and the special effects are poor, making the show look cheap. One of the most annoying

things about the show is the constant clicking noises made whenever the camera focused on a Hunter. It was obviously meant to let us know that the Hunters aren’t human, but the noise was used so excessively that it almost became torture to listen to. There is also one particular song that the Hunters seem obsessed with, so it was also played to the point of overuse.

Overall, the pilot for *Hunters* was pretty underwhelming and seemed to drag on forever. If the subsequent episodes follow the same path, the show won’t be worth watching. Unless something exciting happens, or the characters develop more in the second episode, most people will probably drop *Hunters* soon if they haven’t decided to already. It’s really going to have to work hard to pick itself up off the floor.

Explore the outdoors with Rhythms and Energy of Nature

› Semi-abstract, mixed media works on display at Amelia Douglas Gallery

Cheryl Minns
Contributor

Nature is alive and radiant in Madelyn Hamilton's *Rhythms and Energy of Nature*, the latest exhibit in the Amelia Douglas Gallery. The semi-abstract, mixed media landscapes feature multi-layered textures and vibrant depictions of movement. They can make viewers feel like they just walked into the woods by invoking a sense of touch and of sound.

"I am profoundly affected by the visual folds, shapes, and highly textured or abrasive marks of my vast natural surroundings," Hamilton wrote in her artist statement for the show. "The tactile matrixes of my art are there for investigation and provocation of thought, and hopefully offer the viewer a renewed awareness of our surrounding world."

The paintings feature a variety of textures created by multiple layers of paint, which works particularly well in the paintings involving leaves. The bumpy and cracked lines add to the realness of the leaves,



Photo by Cheryl Minns

some of which look like they just fell off a tree in autumn.

The movement of wind through trees is captured in several of the paintings, including *Upward Spiral*, *Red Wind*, and *Vibrancy in Motion*. The latter painting captures the intense energy in the air with the leaves of a full, bright-green tree blowing in a white gust of wind.

The movement of water

is seen throughout Hamilton's stream paintings, which show leaves travelling along the water's surface. Like the wind in her other paintings, several white lines blend into the blue water to depict the water's motion. One of the stream paintings, *Carried by the Flow*, is a long and skinny piece with about a dozen leaves floating along the water. Since the painting is hung vertically, it

almost looks like the leaves are going down a waterfall.

Hamilton attended the show's opening reception on April 21 and spoke with guests about her artwork. She spoke to the *Other Press* about the process she went through in creating *Frothy, Frolicking Flow*. The painting captures leaves flowing along a frothy stream that was inspired

by a creek near Hamilton's home in West Kelowna.

"I painted this, thought it was finished, and then I started it again. I've probably been working on this for over a year," she explained. "I'll think it's really done, but then it's in my house or in my studio and I'm always looking at it. Then I figure out what's wrong and go back into it. Discovery is always happening. It never stops. It's ongoing."

Hamilton's paintings in the show are available for purchase. The prices range from \$325 for smaller paintings to \$2,300 for larger paintings.

To learn more about Hamilton's works, check out her website at MadelynHamilton.com

Rhythms and Energy of Nature is on display in the Amelia Douglas Gallery on the fourth floor of the Douglas College New Westminster campus until June 11.

The next Amelia Douglas Gallery show, *This Part Remains with Me* by Louise A. DeGagne and Gregg Steffensen, will open on August 4. The show will be part of the New West Cultural Crawl on August 13 and 14.

Thanks for playing: the weird legacy of 'Homestuck'

› Long-running webcomic finally ends

Rebecca Peterson
Staff Writer

It has been analyzed as a modern epic, a work of philosophical genius, and over 9000 pages of garbage. For the past seven years, the interactive webcomic *Homestuck* has carved out an entirely unique niche of Internet culture for itself, impacting the online arts community at large. Inspiring both fervent adoration in some and frustration and irritation in others, the bizarre comic concluded this past April 13 with a nine-minute flash animation that left many questions unanswered.

What started as a simple comic that had a plot driven by questions asked by the author, Andrew Hussie, to be answered on forums by fans, rapidly evolved into a sprawling story that, for a long time, seemed too vague and complex to describe. It is, essentially, a kind of creation myth in which four kids play a computer game that brings about the end of their universe. If they manage to win the game, their

i couldn't think of an ending

Image via <http://irebloggy.com>

reward is the creation of a new universe, where they can live as gods. However, this game has been played before, and both the heroes and the villains from the last session spill over into the new game, threatening to destroy the new universe before it ever has a chance to be created.

It sounds simple boiled down to three sentences. However, it's worth noting that there are over a hundred main characters in *Homestuck*, as well as many alternate timelines and universes to keep track of. The narrative sends the reader back and forth and sideways in time, raising questions that are answered so far down the path

of the story that you've forgotten you had a question to begin with. It's confusing, dizzying, and the first couple of acts are downright tedious. Still, the comic has amassed an enormous community of heavily devoted fans, including *Scott Pilgrim* author Bryan Lee O'Malley and actor Dante Basco.

In terms of medium, *Homestuck* combined simple, static panels with gifs, flash animations, music, and interactive portions where the reader guides the character around like in a computer game. The art style ranges from simple sprites, to stick figures, to fully coloured scenes and beautifully

detailed panels. The comic is anything but constant in its style, which could explain how so many were able to slog through the first couple of thousand pages of set-up and backstory.

The tone of the comic is ever-changing, from simple slapstick comedy to abject nihilism and despair. Characters are gleefully killed off, brought back, and killed again, to the point where it becomes hard to keep track of which characters are still alive, and which are not. Many characters have multiple versions of themselves running around, both alive and dead. It certainly adds to the confusion of your average reader, though it provides an infinite amount of cosplay opportunities to the dedicated fan.

Though the source material itself is incredibly impressive, the lasting impact of *Homestuck* lies in its legacy, much of which expands far beyond the comic itself. A spin-off comic series, *Paradox Space*, has been running since 2014, a collaboration project between many artists and writers who've added their own stories and ideas to the series. A game

based on the comic is set to come out soon, funded by a Kickstarter that amassed over two million dollars from readers worldwide. Many musicians and artists who contributed to the original comic have gone on to find success in their own original works outside the series.

Most notably, one of the lead composers for *Homestuck*, Toby Fox, created his own computer game while working on the comic. That game, *Undertale*, has become incredibly successful since its release last fall. As a nod to this, there was a brief tribute to *Undertale*'s battle system in one of the last flash animations of *Homestuck*.

Love it, hate it, or utterly confused by it, *Homestuck* is a significant achievement in modern storytelling. Fans who were left unsatisfied by the comic's ending will be glad to know that Hussie is planning on releasing an epilogue... at some point. For better or for worse, it is unlikely there will ever be another comic quite like *Homestuck*, and it will be interesting to see what Hussie is going to work on next.



Neel Sethi is the king of the jungle

> 'The Jungle Book' review

Jamal Al-Bayaa
Staff Writer

From start to finish, *The Jungle Book* is an engaging and entertaining story that is relevant and immediately likeable. Surprisingly, it made me think, which is uncommon for a lot of movies that come out today. If *Inside Out* is anything to go by, it seems that children's movies have been doing a better job of making adults think than adult movies do. Since generic scenes of sex and violence aren't an option for these kids movies, their writers are actually engaging the audience in a thoughtful discussion, generally on topics

like growing up, which is the case for both *Inside Out* and *The Jungle Book*.

The Jungle Book displays a level of timelessness that is reminiscent of the pre-2000 Disney movies, where both children and adults can enjoy the movies equally. For kids, *The Jungle Book* is a fun, sometimes scary movie about a boy who lives in the jungle, eats with wolves, and runs with jaguars. The kids will be engaged by the animal antics, and wonder what it would be like to be a "man-cub."

While all of this is true for the adults as well, they get the added bonus of a movie that deeply reflects their cultural values and the troubles they

may have experienced growing up. They can wonder why the jungle animals have such a deep reverence for the Elephants, and interpret what the writers are trying to say through these ideas. In that classic pre-2000 Disney movie style, subtle symbolism fills this 2016 rendition with maturity and intelligence on all levels, without ever breaking away from the exciting plot and fast pace that director Jon Favreau pushed for.

By far, Mowgli steals the show. Played by Neel Sethi, *The Jungle Book* is his film debut. He was recruited to play the part by his dance instructor, who said that he would be great at the role. All his considerable experience

and skill in acting was acquired on the job, literally in between filming sessions.

In the film, Mowgli is faced with a terrible challenge: being different. While his animal friends have four legs to walk on and no opposable thumbs to tie rope with, Mowgli walks in a way that attracts attention, makes him slower than the others, and makes him better suited to climbing trees than sprints of any kind.

However, this experience of being different for the special talents that you have is central to the movie, and central to the human experience in general, which is what makes much of the plot so powerful and

relevant. Mowgli experiences the persistent problem of embracing who he is. Who is he? Should he be his strengths, and by extension himself, or should he hide his strengths and try and fit in with those he's close to?

The movie does a spectacular job of providing an answer and encouraging viewers to deeply ponder the question. However, if you don't want to spend too much time thinking, the movie is perfectly suited for those who enjoy a fast paced adventure movie with incredible animation, recognizable voices such as Idris Elba and Christopher Walken, and excellent character development... but most of all, incredible animation.

Image via Disney

Chairman of the Board: Many Suns, Many Sands

> 'Ra' board game review

Ed Appleby
Illustrator

Imagine living in ancient Egypt. So many resources dedicated to building great temples and pyramids, when the threat of a flood, drought, or poor harvest loomed at the turn of every season.

Ra is a set building game for 2-5 players designed by Reiner Knizia and published by Rio Grande Games in 2008. The gameplay is divided into three epochs. Players draw tiles randomly, with each tile offering either instant points or preventing negative points at the end of each epoch. Once a certain number of sun god tiles are drawn, the epoch ends, usually before players have the ability to finish their sets.

Ra has an engaging and competitive atmosphere. Its random drawing and betting system is similar to *Power Grid*, but it utilizes tiles instead of cards. This allows players to have a fast paced and competitive experience, a very tight learning curve, and not much setup. Drawing too many sun god tiles exacerbates your need to need to prevent things like flood or famine all while building great pyramids and other structures.

Tight play and a pretty intimidating rule structure makes *Ra* a great game for all ages, skill types and groups. Although as refreshing as a desert oasis, *Ra* lacks the theme or entrancing gameplay of a *Carcassonne* or *Settlers of Catan*, and may end up a strong second choice for game night.

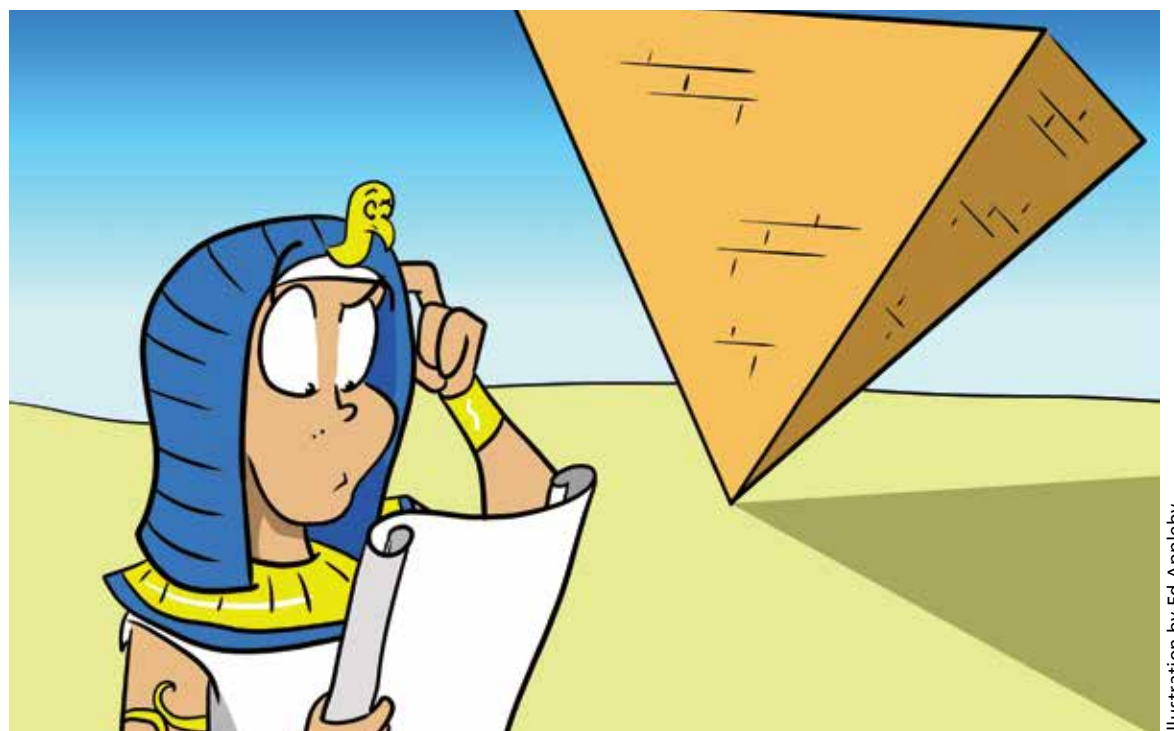


Illustration by Ed Appleby

How to kill a hit

> No Sony support for Ratchet & Clank movie

Adam Tatelman
Arts Editor

A sea of ever-multiplying questions surrounds the shivering, microscopic nucleus that is the *Ratchet & Clank* movie. Can video game adaptations succeed as films? Will this one? Could it pave the way for more? Why has IP owner Sony kept mum on the whole thing? Or, most commonly, “how come I never saw any ads for this?” It’s a sad tale of squandered potential and corporate finagling, and all signs point to this movie being doomed from the start.

R&C is one of the longest-running franchises in the PlayStation games library, boasting over a dozen (mostly good) entries, including the current movie tie-in. By the twin virtues of its celebrity culture satire and comically impractical space weaponry, the series has built a dedicated fan-base over the last 14 years. No production company could ask for a better setup to make a quick cash-in film franchise.

For reasons unknown, Sony Pictures passed production of the film to Gramercy Studios, relinquishing any advertisement responsibility. What followed was a 730-day span of precisely jack and shit, followed by a couple YouTube trailers even less awe-inspiring than the film’s \$20-million budget.

After this brutal shafting

by Sony in favor of the paste-swillingly uninspired Melissa McCarthy vehicle formerly known as *Ghostbusters*, the newly released *R&C* must now compete against Sony’s *Angry Birds* and Marvel’s highly anticipated *Civil War*—a horrendously ill-advised choice of release date that will likely evoke a box office slaughter rivaling *Alvin and the Chipmunks*’ shared opening weekend with *The Force Awakens*.

The heartbreaking truth underlying this debacle is that Vancouver-based entertainment studio Rainmaker Entertainment’s long-awaited shot at the big time could be forever dashed if *R&C* flops. And it almost certainly will, forever dooming them to slave away in a swirling singularity of direct-to-DVD CGI Barbie films from which no entertainment can escape.

At every turn, the film makes the best of a bad situation. An uneven script plagued with unfunny texting jokes is ironed out by brilliant delivery from the cast. The hackneyed plotting is kept afloat by a spirited pace. The gag train keeps on chugging, fueled by Seinfeldian snits and made-to-order spoofs of iconic sci-fi franchise moments, like Spock’s memorial in *The Wrath of Kahn*, or *A New Hope*’s entire plot.

Although the action is lackluster, the vocal performances behind wannabe hero Ratchet (James Taylor), robot buddy Clank (David Kaye), and media hound Captain Quark (Jim Ward)

capture everything that made these characters entertaining in the games. Despite their venerable attachment to the license, these voice actors could easily have been dumped for big-name screen talent. Their inclusion is a smile and wink from Gramercy and Rainmaker to the fans, indicating that, yes, they care about the source material.

Despite everything, beloved actors like Paul Giamatti, Rosario Dawson, and John Goodman lent their voices to the film. Giamatti in particular delivers one of the silliest, most irreverent bad guy performances of his career. The cast had a blast, and it shows—their word-of-mouth promotion comprises most of the film’s ad campaign. All signs indicate that everyone involved with this project was passionate about it except the people who have the power to decide what will and will not be a hit.

Here’s the bottom line. The only people who will see this movie are already fans of *Ratchet & Clank*. It didn’t have to be this way. If Marvel’s *Guardians of the Galaxy* is any indication, there’s still plenty of mileage to be had from the goofy Hero’s Journey space-fantasy. Even if *R&C* has been blasted with reviews that all but scream “we were not adequately compensated by Sony Pictures,” you can still vote with your dollar. Show your support to Rainmaker and help make *R&C* be the hit it wants to be.



Image via www.thebitbag.com



Cover art by Matt Wagner

Comic Corner: A family affair

> A ‘Grendel Omnibus, Vol. 1: Hunter Rose’ review

Brittney MacDonald
Life and Style Editor



I originally read *Grendel* upon recommendation from a friend, and I will admit I was skeptical. Upon first inspection, it appears to be the lovechild of Jeph Loeb à la *Daredevil: Yellow*, and Robert Kirkman, neither of which I have been particularly impressed by in the past. However, by the end of the volume I found my opinion had completely shifted. *Grendel* is surprisingly complex, rivaling *Sin City* in terms of its inter-connected yet cohesive narrative.

Written by Matt Wagner, the story has every element that makes up a noir classic. This omnibus is actually made up of several different stories that all involve the Grendel persona. Wagner is quoted as saying that he developed the series as a “study in aggression,” and that definitely fits with the over-all narrative and visual aesthetic of the book. The Grendel persona is generally limited to the first

Grendel—an assassin/mob boss named Hunter Rose—and his descendants, or those connected to his descendants in some personal way. That is where the limitation ends. Those who take the mantle of Grendel are constructed in many ways throughout the series; good, bad, man, woman, and everything in between. This continual cycle of change keeps the narrative fresh, but does grow a little tedious at times.

Where the genius of this series comes into play is that moment when you begin to recognize that all the stories are connected, not only through use of the Grendel persona, but through various narrative and thematic allusions that I’ll leave you to discover on your own.

Visually, *Grendel* jumps around a lot. Many different artists worked on this series, and normally that would bother me, but because the arcs are so segregated it actually works really well to emphasize the distinction between the various short stories.

Overall, I ended up really enjoying this, and would definitely recommend it.

SPORTS

- ✓ Women's basketball gets a new head coach
 - ✓ High intensity interval training: Hype or hearsay?
 - ✓ Women's soccer recruitment class of 2016
- And more!



Photo by Davie Wong

Baseball woes

› April Fools? Guess not

Davie Wong
Sports Editor

It has not been a pleasant month for the Royals baseball team. What started off as a slow start to the season has now snowballed into a complete free-fall. The team is leaving April having lost their last six conference games, a list of problems that gets more and more complicated as time goes on.

The team has had difficulty batting within the conference this season, with only one player hitting over .300. Only five players are batting over .250. The team has totalled 110 strikeouts in 16 games. They've also lacked the power at bat, having failed to hit a single homerun in conference play. The results speak for themselves on the scoreboard: the team has been shutout in four of their conference games so far.

The team has also been quite

error prone. They've accumulated a total of 46 errors in 16 games, which equates to nearly 3 errors a game.

In the pitching department, things have been quite touch and go. Cole Russell and Liam Kano-McGregor have made themselves known to the baseball world, leading the team with a 3.92 and 3.60 ERA respectively. However, the rest of the pitchers have fallen short of expectations, with only four active players with an ERA

lower than 5.00. They bring the team's cumulative ERA to 6.64.

But all is not lost in the world of baseball. The team is still young. The experience and patience of last year's team is obviously missing, but since the end of last year's run brought a lot of turnover, but this year may just happen to be a growth year, where the squad learns from their losses and turns up next year as real conference competitors, and that's okay. Every team goes

through rebuilding years, where their team spends the majority of the season hugging the bottom of the standings. But those are the teams that are usually the most dangerous the following year.

That's just how it might have to be. As it stands, the Royals' chances of getting into the playoffs are slim to none. They need to win the rest of their games this season, and need the fourth place to lose their next eight.

Softball midseason update

› Finishing April strong

Davie Wong
Sports Editor

The opening month of the softball season started off a bit slow for the reigning conference champions. The team split the first three series of April, entering the crossover tournament at 3-3. They ended up sweeping that tournament, going 4-0 against some of the best competition the league could throw at them.

Head coach Michelle Peters says she responded to her team's slow start by rallying them around their losses. "We have a very different team from last season. I have a very talented group and with talent sometimes the athletes take things for granted or assume things will work the way they want. They need to understand you can't hope for success because you believe you are talented. Each one of them needs each other's support, and need to make the extra effort to be better individually and as a team. Our losses have been monumental to our successful outcomes this year so far. Our girls have had to learn how to play as a team, and they all can tell you that means win as a team

and lose as a team." The team has responded well to those lessons. With every loss, the team bounces back with a big win.

The team is currently on an eight-game win streak and second place in their conference, only behind the strongly performing Bellevue. Much of this has to be credited to efforts at bat. The team has been huge when it comes to batting, and has not been shut out this season so far. They have also eclipsed the 10-run mark a total of three times. Coach Peters was not shy about her enthusiasm regarding her batting core. "By far our hitting has been our biggest factor this year. These girls can hit very well with tons of high level experience for most of them, and almost all the way through the lineup they can hit for power, easily changing the outcome of any game with a swing of the bat." Leading the way for her team is Taylor Woodward, batting with an incredible average of .519, which is good enough to be third best in the NWAC league. Their batting may be on point, but that does not mean their pitching has been ignored.

The team's pitching has been



Image via www.douglascollegeroyals.ca

stellar at points, and lacking at others. But for the most part, the team has gotten good outings from their pitching team. "We have certainly had our ups and downs on the mound, but every game the pitchers have been getting better. I expect them to continue to grow and improve going forward, leading the way to Oregon for championships." The team is led by Carolyn Thoveson with an ERA of 2.54, and Keeley Ainge with an ERA of 2.80, who sit as the conference's fourth and seventh best ERA leaders.

They are not without their competition, however. The team

plays in the ultra-competitive NWAC conference, which Peters is no stranger to. "I truly believe in the NWAC the top 10 are always very tough, with some incredibly talented athletes. I have always believed from day one with the program, that any of the top 10 could be in the final circle raising the trophy. We are currently seeded 5th, and to me it doesn't matter. What matters is Oregon. Who gets hot, who shows up, and who wants it more, and with some luck, of course."

However, she also believes that her team could be the one to win it all. "I always believe that

we can take it all the way. With this team this year, if we get hot, watch out. Our bats can cause some serious damage. There's no doubt in my mind we can complete our goal."

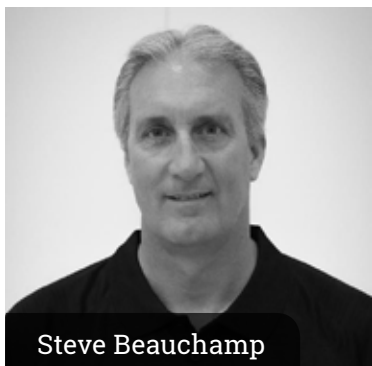
As successful as Peters has been at the helm of the team, she credits a lot of her success to her coaching staff. "I have been lucky to have an amazing staff that has remained the same for three years now since I have been with Douglas. I have three assistant coaches, Jennifer McKellar, Rob Warburton, and Steve Mcbeth. I have to say they truly balance me out and keep me in check. This program would not have had such success without them. Every single game I ask them for their advice on players, lineups, ideas, etc. They run practices when I can't make it, they keep things organized and moving and truly know what I want, look for, and expect from my student athletes, and all three could lead this team to success as well if they were in charge." Together, the staff will be looking for a big showing in May, as the team marches towards playoffs. They finish April with a conference record of 7-3, and two games behind Bellevue.

Women's basketball gets a new head coach

> Introducing Steve Beauchamp

Davie Wong
Sports Editor

For most parents, the opportunity to be involved in their child's sport career past the community league level is a dream, or a nightmare. For Steve Beauchamp, it's a reality. For more than 20 years, Beauchamp has coached on a variety of levels. For 10 of those years, Beauchamp was a Royal. From 1985-1995, Steve was the head coach of the Douglas College men's basketball program. He led the team to five provincial championships, and a second place finish at the National Championships. He left the program as one of the most



Steve Beauchamp

decorated coaches to coach at the college.

Throughout his career, he's received the opportunity to coach his children. He sees those opportunities to make a difference in the lives of his children. So when his daughter, Rachel

Beauchamp, approached him and asked him to come coach for her team, the Douglas College Royals, it was bit surprising that his initial reaction was to turn down her offer. Fear of creating an awkward team atmosphere was the main factor behind the decision. But Rachel didn't let up, and after talking to the returning members of the team, she convinced Steve to submit his name as a candidate and make his return to the collegiate coaching scene.

The senior Beauchamp commented, "No doubt, the primary reason for me coming back was the fact that my daughter Rachel, plays on the team. She did a lot of behind the scenes soliciting to have me apply.

But after a lot of the returning players gave me their support to put my name in as a candidate, it made the decision easier."

Still, there will be those who question the decision to hire Beauchamp, and they will no doubt call attention to Beauchamp's connection to his daughter. But he doesn't think that will be an issue. "If you look at my track record, it's not like I'm not qualified. And for those who have seen me coach my daughters, I probably hold them to a much higher standard." It's that higher standard that has likely pushed Rachel to where she is right now. Rachel, who is a PACWEST all-star, has been fantastic for the Royals in her first two seasons

with the team.

Beauchamp is coming from Holy Cross Regional High School, where he coached their basketball program for 10 years. In his years at Holy Cross, the school has never missed the Provincial tournament, won a couple of AA titles, and came close to winning a AAA title.

He is coming in to fill the vacancy left by Courtney Gerwing's departure, which is a job that he knows will not be easy. Nonetheless, Beauchamp is confident. "I think Courtney did a fantastic job in the short time she was here. But now, being in those shoes, I think we've got some good building blocks. We've got a good core of players coming back."

High intensity interval training: Hype or hearsay?

> HIIT training is best for weight loss, speed training, and time-crunched workouts

Jamal Al-Bayaa
Staff Writer

Sprint for 20 seconds at a 100 per cent exertion level, then rest for 40 seconds before doing it again. By the 5 minute mark, participants are already sweaty, and huffing and puffing like they're getting ready to blow a house down. If anyone is brave enough to follow this regimen for 20 minutes, they'll definitely "feel the burn." Or pass out. It's really just a matter of which one comes first.

Sound crazy to you? It sounds crazy to a lot of people, but recent science and trends have been crowding around the idea that HIIT training, as it's called, is the most effective type of cardio you could be doing if you're training for speed, power, weight loss, and heart health. That's pretty much all of the general reasons to do cardio in the first place, unless you have very specific requirements or ambitions.

The secret to HIIT's effectiveness at reaching those specific milestones is that it's not really cardio at all, and yet it's still cardio. Specifically, HIIT training trains anaerobics more than aerobics. Muscles more than lungs. It's not quite cardio and not quite a barbell: let's just suffice to call it bardio, and recognize it as an efficient fusion that will simultaneously gas you and give you strength and power. The tradeoff for the physical prowess acquired by sprints may be scoffed at by some, but they do exist.



Image via thinkstock

First, HIIT does not include long-distance endurance in the list of traits it effectively improves. As a partially anaerobic exercise, it isn't well suited to large amounts of volume over a long period of time. Although sprinting for endurance is ineffective, adding 60 second sprints into otherwise singularly paced long-distance runs has been found to increase endurance levels in runners considerably.

Second, the tradeoff for physical abilities may actually be mental regeneration. Steady state cardio (running on the treadmill for upwards of 20 minutes) was found to be exponentially more effective than HIIT at regenerating cells in the brain, suggesting that long distance running is more stress relieving and cognitively beneficial, which is something major for students to consider if planning a fitness routine.

Lastly, HIIT training poses a greater risk of injury

to all who participate in it, but especially non-athletes (as compared to athletes of a similar demographic). Especially, UBC researches have shown that knee injury is much more common among these non-athlete groups. Take that with a grain of salt though—these study participants were engaged in little to no exercise, and then asked to immediately jump into an exercise regimen made for a highly conditioned athlete/fitness enthusiast. HIIT training doesn't hurt people, pushing past limits without considering how much a body can comfortably handle hurts people.

With all that being said, HIIT training is a great way to spice up a workout, especially for athletes. For non-athletes, the principles can be applied in a more gentle way to build up fitness levels. Start this training for all the benefits, and then stick with it for my favorite reason of all: it's actually fun!

Getting in shape for the unshapely

> Water aerobics: a low-intensity starter workout

Mercedes Deutscher
News Editor

Those who don't have an active lifestyle—whether that be through health issues, age, or unhealthy living—may find fitness and exercise daunting. Even those who wish to partake in a more active lifestyle can easily be discouraged from going to gyms with fit people, or may simply not know where to start.

It's an issue that I personally have struggled with. Throughout most of my life, I haven't been an overly active person, but when complications with my birth control caused me to gain 80 pounds and 8 sizes in the course of 16 months, the appeal of an active lifestyle started to call to me. Still, the thought of going to the gym by myself was terrifying.

One of many lower intensity workouts I've tried is water aerobics. Water aerobics is a fantastic low intensity workout utilized by all types of people, be they elderly or young, fit or unfit. Water aerobics classes are usually provided for the cost of admission at many local recreation centres, and are provided throughout the day at different intensities.

You don't have to have a background in swimming to partake in the exercise either. Most classes are done in levels of water that reach around your chest, although some more challenging classes take place in deep water (where

buoyant belts are worn to keep the participant above water).

Water aerobics work by using water as a form of resistance to movement, which tones all areas of your body throughout the class as you complete cardiovascular exercises. Strength is built through the use of the resistance in water. Additional strength is built through the use of foam and plastic "weights," which place additional resistance.

Flexibility increases through the use of water aerobics, as the water often allows your body to move and stretch to levels with more ease than exercise on dry land.

Not only do water aerobics build on several fundamental areas of physique, but they do so comfortably. Water aerobics do not drain energy like many exercise do, as the submergence in water keeps you feeling cool and refreshed.

Of course, it should not be the end-all of exercise. There is only so much intensity that can be built in water aerobics classes, and the effects of the exercise may become less noticeable after going to classes for some time. At this point, it would be best to graduate to a more intense land-based exercise.

Still, it is a fun starter exercise. Classes are often put to music and are upbeat, while some may employ the use of games. It's a nice and relaxing exercise to start or finish your day on, and especially fun if you bring a friend.

the Last

In Memory of Prince
Adam Tatelman, Arts Editor

A tribute known as “The Court” is making rounds on the Internet in the wake of Prince’s passing, paying homage to Michael Jackson, Freddie Mercury, David Bowie, Robin Williams, and—of course—Prince Rogers Nelson himself. It acknowledges the void left in the wake of yesteryear’s greatest live entertainers by their collective passing: the King, the Queen, the Duke, the Jester, and the Prince.

It is a sombre tribute, because it carries with it the implicit knowledge that other titans of performance will fall, and soon. Though we have not lost them yet, greats like Keith Richards, Paul McCartney, and Elton John cannot be long for this world, and we may not see the likes of them again in our lifetimes. However, there is a life-affirming truth that these artists’ works will survive them, and will go on to inspire a new generation of musicians.

When reviewing Prince’s life, perhaps the only thing we can discuss is his work. Despite his incredible fame, he did not choose to live his private life publicly in the way many famous people do. Rather than becoming a performer for the paparazzi, Prince elected to live a very low-key life off the stage. Unlike so many other stars, Prince has never been accused of public misconduct, sex scandals, or drug addiction. His fame was a result of his music and talent, not notoriety.

Though there is no doubt that sex and drugs were involved in his career—he was famous in the ’80s, after all—everything seems to suggest that Prince always kept his indulgences to a tasteful minimum. That’s one of the most important things that sets him apart from other famous musicians of his time.

Both of Prince’s parents were musically talented. His mother, Mattie Della Shaw, was an accomplished jazz singer, and his father, John Lewis Nelson, was a pianist who fronted a musical group called the Prince Rogers Trio. Clearly, music was an essential part of Prince’s life since the beginning, but this harmony was not to last. Nelson and Della divorced, leaving Prince with a stepfather, Hayward Baker. Like many other 10-year-olds, Prince struggled to connect with his stepfather, but it was Baker who gave him the opportunity to see James Brown, the Godfather of Soul, in concert, providing him with an idol he desperately needed.

It was this influence and his connection to the musical world that led Prince to an early mastery of several instruments, including the guitar left to him by his father. He became a musical maestro of sorts, mastering 27 different instruments by the time he was 20 years old. He himself recorded most of the instruments for his first five albums, and popular opinion still holds that he played every single one in *For You*, his debut album.

Fittingly, Prince’s image was distinctive yet ever-evolving one. He both absorbed and exuded style, taking influence from every popular musical form of the time. While synthesizing elements of power pop, R&B, funk, rock, psychedelia, and even soul music, he ensured that each hit was at once familiar and different, never content with stylistic stagnation. Few know, for instance, that Prince wrote the gothic soundtrack to Tim Burton’s brooding 1989 *Batman* film, merely because it seems so far outside his artistic prerogative, but, just like his vocal range, no stylistic note was too high for him to reach.

After selling 100 million records, winning seven Grammy awards, and joining the Rock and Roll hall of fame, Prince seared himself onto celluloid with the semi-autobiographical 1984 hit *Purple Rain*. Although it was received with all the critical tepidity of a grand and indifferent shrug, his fans the world over went wild for the film’s iconic soundtrack and heightened interpretation of Prince’s younger years. Celebrated critic Roger Ebert hailed it as “the greatest rock film since Pink Floyd’s *The Wall*.”





st heir

Prince's subsequent film efforts—*Under the Cherry Moon*, *Sign o' the Times*, and *Graffiti Bridge*—earned spots on Ebert's "worst of the year" lists, ultimately failing to recapture the audience-pleasing magic of *Purple Rain*. However, Prince maintained a steady output of records, always controversial for their unambiguously erotic lyrics.

If there was a great battle in Prince's lifetime, it was his conflict with Warner Bros. Studios. After the success of his album *Diamonds and Pearls*, WB Studios offered him \$100 million to produce six more albums with them, with the caveat that each will sell five million units or more. At that time, it was the most lucrative contract WB had ever offered to any artist. Unfortunately, the contract stipulated that WB would retain ownership of all master recordings made by Prince from 1978 until the termination of the contract.

Prince was unsatisfied with these terms, but he accepted the contract in order to fund the upkeep of his personal recording studio in Paisley without going bankrupt. At odds with WB over restrictions on album production and concert performances, Prince actually retired from recording, choosing instead to finish the albums with unreleased songs from his personal collection—over 500 of them. Extending a final middle finger to WB, Prince refused to publish any more music under his given name, instead identifying himself and his albums with an unpronounceable symbol.

Dubbed by the public "The Artist Formerly Known as Prince," he endured a great deal of scrutiny from displeased fans, as well as WB itself. As promised, he went on to complete the conditions of his contract using his unpublished materials, all the while writing new music that he intended to save for the aftermath of his association with WB. He released a great deal of it in *Emancipation*, an album he produced on much more cordial terms with EMI Records in 1996, just before they went bankrupt. Not long afterwards, he finally reclaimed the name "Prince," and his distaste for record labels went down in history.

"He was a huge inspiration to a whole generation of musicians," commented celebrated Canadian composer Robert Buckley during his visit to Douglas College. "He's really taken a stand on the pirating and exploitation of his music. He said no to iTunes. He remained in control of his music. Unfortunately, that might disappear now that he's gone, but that was a brave thing to do. He's the one that stood his ground."

Sadly, Buckley's fears may not be unfounded. A great many things have remained uncertain since Prince's untimely death, including the lack of a will to determine which of his siblings will receive how much of his estate. As with any celebrity death, this case is a series of lawsuits waiting to happen, even taking into account the appointing of Bremer Trust to oversee his estate. Hopefully, Prince's legacy will not be followed by a vicious legal bout of sibling infighting.

Indeed, it seems as though tabloid media is attempting to make up for the lost time, trying to implicate Prince as a drug addict based on the extremely circumstantial evidence of Percocet use prior to his death—given Prince's recent struggle with illness and a weakening immune system, it is not surprising that he was on pain medication. Although the autopsy report has not been released at the time of this writing, police have ruled out suicide as a cause of death.

Death is always sudden, even to those who expect it. The lack of a will makes that much clear. But after death always comes remembrance; acknowledgement that, yes, one man reached the peak of his own musical talent, leaving behind him the indelible marks of the climb that lead up to his passing. We must always remember that, as long as we leave something worthwhile behind us, death does not have to mean the end for our life's work. It is Prince's art that defines his life, and that is worth remembering.

Summer sports and heat illness

> Athletes need to take extra precautions to keep themselves safe from the elements

Rebecca Peterson
Staff Writer

Summer is a time for relaxation. It is a time to find a nice spot of shade, to have a cold drink, and to not move too fast or do anything unnecessarily strenuous. After all, we live in Canada—winter is our season, not summer. Already we've beaten all-time records for unseasonal heat this year, and our summer is projected to be one of the hottest in history. Anyone with half a brain would build an underground bunker to hide out in until September 21st at this rate.

However, for those who plan to remain physically active this summer, all is not yet lost. There are ways of preventing a serious case of heat exhaustion, which can result in an even more serious case of death. Especially for those playing team sports, it's important to watch out for yourself and the people around you to keep everyone safe in the coming hot months.

Prevention: heat acclimation

Whether you train alone or on a team, it's important to allow your body time to become accustomed to the change in the weather. Exercise routines and sports practices should be kept short and simple once the weather turns, reintroducing higher intensity training gradually. During this time period, watch carefully for signs of heat illness, and be sure to take frequent breaks.

Hydrate frequently

It's fairly obvious that if

you don't want to collapse from dehydration, you need to stay hydrated. There's no need to overdo it, of course, but if you have a headache, feel hungry, or feel nauseous, water should become your first priority as these are all signs of dehydration. Pay attention to your body, and make sure you are giving it what it needs.

Rest after hot days

According to several studies, many heat-stroke related hospitalizations and fatalities occur the second day of intense activity in hot weather. If you've had a hot day of physical activity, especially if you've shown any signs of heat exhaustion, take a day or two to rest before going back out there. You could be saving your life.

Dress for the weather

Again, it should be obvious, but heavy, padded clothing is not exactly ideal for hot days. Keep your clothing light, loose, and breathable. If you can, cover your head with a hat to prevent burns and overheating.

Signs of heat illness: heat exhaustion

Heat exhaustion is the first stage of a serious heat illness. Any of the following symptoms are a warning sign for athletes to stop what they're doing and take precautions to keep their condition from worsening: muscle cramps heavy sweating, clammy skin nausea dizziness headache fast pulse

Heat stroke

Heat stroke is a severe

medical emergency. If you or any of your fellow athletes start showing the following signs, call 911 immediately: body temperature of over 103°F or 39.4°C hot, red, and dry skin quick pounding pulse fast, shallow breathing disorientation hallucinations seizures lack of consciousness

Treatment: heat exhaustion

Cooling down is your first priority. Move out of the sun, lie down, and find ice or cold water. Laying cold cloths over your wrists and other pulse points will help cool your core body temperature faster, though ideally if you have the resources, you'll want to put cold cloths on as much as yourself as possible. Rehydrate slowly, and make sure someone is keeping an eye on you until you feel better.

Heat stroke

Don't take any risks, here—if you even suspect you or someone else might have heat stroke, call 911 ASAP. In the meantime, like before, cooling the person is your top priority. Move them out of the sun and use whatever you have at your disposal—cold water, ice—to start getting their body temperature down. Do not give the victim fluids, because depending on the severity of their condition, they may either choke on the fluids, or will have to be carefully rehydrated by trained EMTs.

Look out for one another, stay safe, and maybe consider building that underground bunker to survive the summer. It's what I'm probably going to do.

Women's soccer recruitment class of 2016

> The future is exciting

Davie Wong
Sports Editor

It's hard to believe that it's nearly been a year since the Royal's women soccer team made history by winning the Provincial Championship and going to Nationals. A lot has changed since then, with players leaving, and new players joining. With the soccer season drawing ever closer, teams are finishing up their recruiting and moving into their training sessions. This season was particularly hectic due to a few circumstances.

The first item on the list to address is the players leaving. Star strikers Marni McMillan and Danae Harding have announced their departure from the team. Key midfielder Nicolle Fraser finished her fifth and final year of eligibility and will be moving on as well. In the back, the core of Kelsey Acaster, Carli Tingstad, and Courtney Sine, along with goalkeeper Rebecca Mainardi have departed from the team.

While the departure of a few of those players had been expected, the defensive exodus has left the Royals roster with a big hole. Mikayla Hamilton is expected to fill in where Danae Harding left off, and Sam Kell and Andrea Perrota make excellent replacements in the midfield. However, the backline situation is still a question. Michelle Wessa and Sarah Strelau have proven capable defenders, but their position lacks depth. In terms of goaltenders, the team has none left. Fortunately, the recruitment class reflects just what the team needs.

In the offseason, head coach Chris Laxton has signed on a plethora of players to help his fill replenish his roster. The majority of the newcomers are defenders and goalkeepers and the team also signed a single forward. Laxton spoke to the expectations of some of the players for the first season: "There are three or four of the recruits that are coming in as redshirts. The rest will be on the initial 25. We expect several of them to be moving from the full 18 to the starting 11 pretty quick."

Laxton also explained the defensively focused recruitment season as a necessary move for the team. "We've balanced the team with the recruits this year. Defender was an area that we targeted. Between Courtney, Carli, and Kelsey, those were the three centrebacks. That's a position that we've had a lot of success with, and that's a position we want to strengthen this year and maintain

our defensive record."

With regard to signing three goalkeepers, Laxton believes it is a necessary move to ensure the depth and future of the squad. It is a lesson he has learned through experience. "The last couple of years we've got into injuries, and some personal decision that have left us sort of stranded. I want to make sure that we're covered not only this year but we're covered for several years to come. The goalkeeper position is an open position. We like it that way. It'll bring healthy competition. We'll see how things go as they'll get their opportunities in preseason, and we'll see who's deserving of first team, backup, and third-string."

The third of the goaltenders is a two-year veteran of the PACWEST. Chantalle Bracken is a goalkeeper from the former Kwantlen Eagles. She, alongside teammate Taylor Wettig, will be joining the Royals, as Kwantlen has shut down their athletic program. "The acquisition of Taylor and Chantalle from the Kwantlen Eagles gave us an opportunity to acquire more veteran PACWEST experienced players in our group as we transition to the new era. Taylor is already showing signs of her ability to make an impact on our group. Chantelle bring experience to a very young and new goalkeeper group. We hope she pushes for a starter position, but at the very least, she'll be able to help the other goalkeepers prepare for PACWEST level of competition," commented Laxton.

When asked if his team could recapture their golden provincial finish, Chris exuded confidence in his reply, with a hint of caution. "Absolutely, there's a chance for us to recapture the championships. Fortune swings in the playoffs, and the top two teams go to Nationals this year. That doesn't mean that we're targeting fourth, and that doesn't mean that we're targeting the second place berth to Nationals. With the recruits we have coming in and the players that we have left, I think we can still do well. But it's going to take an effort, and going to take some time."

With the Eagles shutting down their athletics program, there are fewer teams for PACWEST teams to play. This means that there are now only 12 regular season games. That's even less room for mistakes than before. One loss means so much more now. But on the bright side, a single win means all the more as well.



Illustration by Ed Appleby

LIFE & STYLE

Becky with the good hair

› The phenomenon of social media witch hunts

Brittney MacDonald
Life and Style Editor

With Beyoncé's newest multi-media release *Lemonade* fans have been in a tizzy, but for all the wrong reasons. The release is filled with references to various personal situations involving her daughter and family, as well as a few involving her hip-hop mogul husband, Jay-Z. One such reference is found in the track *Sorry*, with lyrics that include "Looking at my watch, he shoulda been home. Today I regret the night I put that ring on," and "I see them boppers in the corner. They sneaking out the back door. He only want me when I'm not there. He better call Becky with the good hair," are believed to be calling Jay-Z out on his repeated infidelity. Unfortunately, these vague allusions have sparked an all-out social media witch hunt as fans of the Destiny's Child alumnus attempt to identify who this "Becky" is.

Rabid fans have been combing the Internet in search of any clue, and this has caused more than a few problems for a couple innocent bystanders.

The fans' first target was fashion designer Rachel Roy, who was suspected of being a romantic interest of Jay-Z's in the past. Shortly after *Lemonade*'s release, Roy posted a selfie to her Instagram with the caption

"Good hair, don't care"—which apparently solidified her as the top suspect. Unfortunately, angry, bloodthirsty Internet hordes don't know how to spell, so this legion mistook Rachel Roy for Rachel Ray, the Food Network chef. This led to countless harassing and vulgar messages being forwarded to Ray over all her social media accounts, all because of a random Instagram post that she didn't even make, and may just have been the result of inconvenient

timing on Roy's part.

Speaking of inconvenient timing, the horde's next target was Rita Ora. The singer snapped a picture of herself wearing a bra with lemons printed over the cups, while wearing what appeared to be a diamond "J" necklace. After posting this to Instagram, Beyoncé's fans took this to be a declaration of her involvement with Jay-Z, and began to harass her until it was revealed that the bra was actually a part of a fruit themed lingerie

- ✓ Secrets of an amazing Okanagan wine tour
 - ✓ Beauty on a Budget
 - ✓ Indie Fashion Feature: SciFeye Candy
- And more!



line that she helped design, and that "J" necklace?—that was actually Ora's signature "r" necklace, just flipped around.

Since the allegations against Ora and Ray were proved to be false, and Roy wasn't bothering to make a public statement, the masses moved on—this time to Iggy Azalea.

Fans and even a few news websites including Entertainment Tonight mistook Azalea for the alleged mistress after the rapper tweeted, "Don't

ever call me a Becky." What they didn't realize is that the tweet was actually in response to a previous one made by Azalea's former fiancé, basketball player Nick Young, which read "I love my Becky but she be tripping lol," and was in no way directed at Beyoncé or the lyrics in question.

Examining this path of destruction, it becomes clear to me that the only person that has come out of this unscathed is the man whose fidelity was in question in the first place: Jay-Z.

Summer feeding frenzy

› Lunch Specials near Douglas College

Jerrison Oracion
Senior Columnist

With summer comes summer classes. After doing a few classes in the morning, you will probably be hungry for lunch. If you don't like the food that is in the cafeteria, you can go to the restaurants nearby the college for their lunch specials, which offer great food at low prices. Here are some of the lunch specials that you can find in the restaurants that are near both campuses. Hopefully this list will come in handy if you find yourself in need of a quick but cheap bite this summer!

The Old Spaghetti Factory

The New Westminster location of The Old Spaghetti Factory,



located a few blocks away from the New Westminster campus, has a variety of lunch specials from pasta to sandwiches. One of the lunch specials to highlight is the Chicken Parmigiana

Sandwich with fries. The marinara sauce in the sandwich adds a lot of flavour to it, and the red onions add crunch. All of their lunch specials include minestrone soup and bread.

Original's Restaurante Mexicano

The new Mexican restaurant near New Westminster Station has food items that are made with authentic flavours and not much grease. The restaurant's current lunch special is two tacos and tortilla soup for \$5.50. The cilantro in the steak taco has a strong taste and the pork in the chorizo taco has a lot of flavour. The tortilla soup tastes like cheese and it is a bit spicy.

Northhouse Chinese Restaurant

Northhouse Chinese Restaurant in Henderson Place, located near Coquitlam City Centre Library, has lunch specials featuring Taiwanese cuisine starting at

\$4.99. They have a variety of food items to choose from including lemon chicken, pork steak in gravy sauce, kung pao chicken and sweet and sour pork.

Pho 99 Vietnamese Noodle House

The Coquitlam location of Pho 99 Vietnamese Noodle House in Pinetree Village has lunch specials of their meat dishes. You can choose from a pork chop, a chicken chop, and a beef chop. All of them include rice and a salad. All of the different types of chops that the restaurant has are juicy and have a lot of flavour. The chops taste great, and even more flavourful with sriracha sauce.

Secrets of an amazing Okanagan wine tour

› How to make the most of your vineyard journey through the Okanagan Valley

Rebecca Peterson
Staff Writer

Unless you're hopping on a tour bus with a knowledgeable guide of the area, planning a wine tour takes no small amount of strategy. The following tips should help you get the most out of your money and your time while exploring one of the most beautiful regions of our province this summer.

Plan your destinations in advance

You can, of course, wander aimlessly through the Okanagan and wander into whichever winery happens to catch your eye—it's a fun, relaxing way to approach wine touring. If you're in this to win, however, you'll want to chart a course in advance. Many tourist spots in the area have wine touring maps that show where all the wineries are located. From there, pick the wineries you really want to visit, and plan accordingly. You're less likely to get lost this way, and as long as you don't try to cram in too many winery visits in one day, it should help alleviate some stress from the trip.

Make sure you have a designated driver

If you aren't on a tour bus, bribe a friend or family member to take the wheel. One of the

best parts of winery touring is trying samples of different wines from all over the valley. Be safe, and don't drive after trying that third sample of chardonnay. Reward your designated driver handsomely for their sacrifice.

Set a budget, stick to the budget

Wine is expensive. Good wine is really expensive. Especially after a few "tasters," you may be tempted to shell out a little more than you can afford. If you really can't trust yourself, withdraw the amount you plan to spend in cash. Once you're out, you're out. It may not be a bad idea to hand your wallet off to your designated driver, either.

Bring a camera

If you've never visited a vineyard before, you might not be prepared for how gorgeous many of them are. Wineries like Burrowing Owl, Moon Curser, and Red Rooster sport some amazing views over the valley and the Naramata Bench region. It's a perfect place to take photos of friends, family members, and significant others, as well as a perfect shot of yourself!

Only buy wines you can't find in-store

This requires a little bit of pre-planning. Many of the wines you'll sample on your tour are actually available in BC Liquor

Stores across the province. To make the most of your budget, limit your purchases to wines you know you won't find back home. Many wineries will advertise which wines are winery-exclusive, so don't be afraid to ask if you aren't sure!

Don't ignore the cheese

A lot of these wineries will provide small samplings of fine cheeses and crackers to pair with the wines you'll be sampling. Not only is snacking a good idea when spending the day sampling wines, but some of these wineries also make their own cheeses. If you're looking to stock up on gourmet cheese that happens to pair perfectly with the rosé you just bought, try the wares at the Upper Bench Estate Winery or Poplar Grove.

Follow the Bead Trail

If you're looking for a keepsake from your winery-touring adventure, how about a charm bracelet? Many of the wineries in the Okanagan sell charms unique to their wineries, as well as a bracelet to string them on. If you buy a bracelet at your first winery, you can keep collecting beads throughout the day to show where you've been. It's a fun way to keep track of your journey, as well as something to carry home with you at the end of the day that's bound to last longer than the wine and the cheese.



Image via www.distinctlykelownatours.ca

the otherplaylist

Brittney MacDonald
Life and Style Editor

So what's in our ears this month? Here's a few tracks suggested by the Other Press staff. You can listen to them by searching The Other Playlist in Spotify.

Another One — Mac DeMarco
Mercedes

My House — Flo Rida
Davie

Raspberry Beret — Prince
Brittney

Stick Stock — Emily Portman
Lauren K.

Downtown — Macklemore
Ed

Nuestra Cancion — Monsieur Perine
Eric

Fire and Rain — James Taylor
Elliot

Alone — The Fat Cats
Rebecca

Serpents — Sharon Van Etten
Cara



#DOUGLIFE

Share your photos with us on Instagram using the hashtag #DougLife, for a chance to be featured in the paper!



fj_mensah



26 likes

fj_mensah Sassy Thrassy! Memories from 2 years ago.

#douglascollege #theatre #acting

This week's photo is by fj_mensah



Image via instyle.com

Beauty on a Budget

› Worth the splurge: Beautyblender

Lauren Kelly
Assistant Editor

In my previous columns I've made sure to focus on cheap products—mostly under \$10. However, I have recently started using the Beautyblender sponge after trying multiple cheaper versions and being very disappointed. A friend swore that for this product, you had to buy the real thing, so I splurged on it. It is definitely

worth the \$28 price tag.

The Beautyblender is an egg-size sponge with one round end and one end that tapers into a point. The round is for the majority of your face, but the point can be used for anywhere needing a more precise application, such as around your eyes and nostrils. To use it, you need to wet and squeeze it out first, then dot foundation onto your face use the sponge to blend it in using light handed patting motions. It comes in many sizes,

colours, and purposes now, but the hot pink one is the basic and most famous version.

I have a fantastic MAC foundation brush, but I've found that it takes so long to make my face look perfect with it, and I don't usually have the time to do it. The Beautyblender has been a huge time saver for me. I've even been able to do most of my face without a mirror while I'm doing other things. The coverage is great as well, and very buildable which is exactly what I need.

Just a few words of caution before you get one. When I purchased mine, I made the mistake of going with the "Red Carpet" version because I loved the colour. On my first use of it, I noticed some red dye bleeding, but I assumed that would stop after a few uses. It's still bleeding after three weeks, and I am planning to exchange it for another one. After researching the product after to see if mine was faulty, almost all reviews of this colour mentioned

it, and most recommended switching to the aforementioned pink Beautyblender, or the black Beautyblender Pro. Make sure to watch for these when shopping for one!

The Beautyblender line of products is available at Sephora, as well as cleaners for their products. However, you can wash them with soap as well to save more money. Just make sure to wring the soap out well before you use it. Enjoy!

Indie Fashion Feature: SciFeye Candy

› Putting the play back in foreplay

Brittney MacDonald
Life and Style Editor

I feel like I have done a disservice in some small way by not presenting independent fashion options from a more local perspective. Yes, the outside world is a big, beautiful place filled with flounce skirts and enticing handbags, but Canada definitely has its share of independent fashion labels to choose from. One that I see quite often is SciFeye Candy, a line devoted to nerd inspired swimwear and lingerie.

With local proponents such as Lush Prime Cosplay and even international names such as Jessica Nigiri totting the quality of this label I wasn't surprised to find that the various styles and quality of the garments was impressive.

Based out of Toronto, SciFeye Candy doesn't shy away from the sexy, but with the nerdy edge that puts them at home at the

many Canadian conventions, including Vancouver's own Anime Revolution, which they have frequented in years past.

Due to its extremely varied convention scene, Vancouver has an overwhelming amount of nerdy day events and adult-themed cosplay/costume events on a fairly regular basis—and with summer just around the corner, the number of these events popping up is sure to increase. Half the fun of these events is being able to dress up and party alongside your geeky friends, so having a quick, cute, sexy look you can pop on for in the club just in the back of your drawer is always a bonus.

I'm not going to lie, a lot of SciFeye Candy's more costume-y looks, such as their *Sailor Moon* or *Kill la Kill* swimwear lines would probably be a pain in the butt to wear in the water. However, the quality ensures that, should you choose to, you

definitely could cannon-ball to your heart's content. There's no doubt about it, certain styles are more costumes than they are day-to-day wear, but with the variety of styles that this label has they do offer some simpler looks you could take to the water park or sport under your clothes.

My only complaint about this line is that there is a very "homemade" aspect to it. Comparing the garments to their store bought counterparts; there is no doubt which one was made by an independent. This isn't necessarily a bad thing, as it almost makes me more confident in the quality of the garments because I can see how much attention to detail is paid to the product.

You can find SciFeye Candy in the Dealer's Hall of various Vancouver conventions, as well as online at www.etsy.com/shop/SciFeyeCandy



Image via www.etsy.com

- ✓ Seriously, just chill
 - ✓ What to do when you don't like your group
 - ✓ Exclusive access promotes bad markets and illegal obtaining of content
- And more!

Don't be a brand; be brand new

> Why your personal brand may be limiting

Elliot Chan
Opinions Editor

At a young age, we created an identity for ourselves. This identity follows us like a shadow throughout our academic, professional, and even romantic endeavours. We become this persona of what people see us as, and we measure ourselves by our accomplishments within that scope.

While establishing a personal brand for yourself may be useful if you are marketing your services to employers, I don't believe it should be a strict guideline for you to live by. As human beings, we should be allowed to have the freedom to explore. This exploration nurtures growth, a type of metamorphosis that can only happen when new experiences are injected into our lives. You cannot experience anything new if you live your life as a brand.

Let's say you love rap

music. It's your thing. It's your brand. Everyday you wear your headphones and you listen to rap. People know you for that and you wouldn't be caught dead listening to anything else. That sounds like a pretty limiting life, doesn't it?

It's important for us to put aside our preconceptions once in awhile and be open-minded. Your brand shouldn't be rap music; it should be music or art. While you can specialize in rap, you will have a more diversified understanding of music if you listen to the whole range. Rap can be your passion, but if you want your brand to grow and mature—and not just be a pretentious shadow that throws shade at other people who don't like what you like—you have to broaden your horizons and explore.

It's easy to establish a brand for yourself and live within those boundaries. People expect you to dress a certain way, talk a certain way, and act a certain way. We like when things are

predictable. After all, that is why McDonald's, Starbucks, and Wal-Mart are so popular: you know what to expect. However, unlike billion-dollar corporations, we as human beings need to have the flexibility to shift gears without upsetting the shareholders.

You are not a brand. You are a person. You might have followers, you might have employers, and you might have friends that will expect you to behave in a way that fits their branding, and that's fine. You can wear a persona like a uniform. You can be professional and friendly, but you must also be pushing yourself beyond those that are already around you. While those within your vicinity will influence and support you, they also act as a black hole that is pulling you deeper and deeper into a character that is merely their expectation of you. Don't be that character. Don't be a brand.

When you wake up tomorrow, be someone who dares to do something different.



Go Caucasians Go!

> Should we get rid of the Cleveland Indians or have more racist team names?

Elliot Chan
Opinions Editor

In early April, journalist and ESPN host Bomani Jones went on *Mike & Mike* wearing what appeared to be a Cleveland Indians t-shirt. But it wasn't. Instead of the Cleveland Indians mascot, the wide grinning racist caricature, Chief Wahoo, it was a whitewashed spoof. This character had pale skin and instead of a feathered headdress, he had a dollar sign on his head. To hammer it home, in the same font as the baseball team logo, there was the word "Caucasian" printed on it. No doubt, the shirt was making a not-so-subtle message that racism can go both ways.

If you don't have a problem with the Cleveland Indians, but you do have a problem with the Cleveland Caucasians, then you most definitely have a problem.

So much has been said about racist team names in sports. The resistance is what is most surprising. But then again, the fact that Donald Trump has so much momentum in the presidential



race after giving bigoted, racially insensitive speeches perhaps dampens the shock.

I'm tired of arguing against racist team names that are so obviously racist. Let's argue the other side for a bit. My question: why aren't there more racist team names?

The thing is, America has a long history of racism—every country does. What I'm kind of upset about is that the Native Americans are really the only ones

that get any spotlight as team mascots. As a Chinese person that seems kind of unfair, because the Chinese have been screwed over in America too. If the Native Americans get a team name, shouldn't we get something along the lines of the New York Yellow Skins? Or maybe the Latinos deserve one before we get one... I don't know what's fair anymore.

If we don't have a problem with the Cleveland Indians or the Washington Redskins, then

surely we won't have a problem with a team called the Cleveland East Indians or the New Mexico Rednecks. I'm just brainstorming here, but those are a couple good names to cheer for.

I'm not going to create a petition or anything because in the end, I know that that would be wasted energy. So why not poke fun at it? Why shouldn't we have a good sense of humour about this kind of stuff? See, the thing about making fun of

racism is that certain people are affected more by it than others. It's not hard to rile an African American person; we, of different ethnicity, know that magic word to do it. However, it's apparently pretty hard to rile or harm a white person via racism. That is because Caucasians—the apparently politically correct term to call them by—have the majority of the power on this continent. A lesson here for the minorities: you don't get what you want by making fun of the majority with power.

Here's the proof that they have the power. They are the Patriots, the Saints, the Cowboys, the Vikings, the Yankees, the Rangers, and the Mariners. Are those names multi-cultural? Meh. Not really. These are titles that heighten the rank of white people.

I'll end on a positive note. There are some quality team names out there that honour the culture that it was inspired from. These are the Kansas City Chiefs, the San Diego Padres (*padres* is Spanish for father or fantastic) and the Atlanta Braves. These are names that give power without discrimination.

Seriously, just chill

> In defence of the summer vacay

Sharon Miki
Contributor

I'm willing to bet that you—yes, *you*—deserve a break. I don't mean, like, a five-minute scroll-through-Instagram break. I mean an actual don't-work-at-all-just-rest kind of break—something that we used to refer to as *summer vacation*.

You remember summer vacation, right? For most of us, there was a time in our lives where we prioritized taking a step back from the rigors of routine in order to recharge, refresh, reflect and, ultimately, come back stronger. Nowadays, fewer and fewer of us are taking the time to map out a rest—and, counterintuitively, it's making us weaker. We're overscheduled, working harder, longer, and faster, moving from class to work to commitments in an endless loop. We worship competitive busyness. We brag about the lack of sleep we're getting. We roll our eyes at the perceived laziness of our friends that invest in time away for themselves. But where

is it getting us, really? We're exhausted, our relationships are suffering, and we are half-assing everything. And, if we keep it up, we could be heading towards dangerous territory.

Karoshi, a Japanese term for “death by overwork” is an actual thing. Karoshi has been legally recognized as a cause of death in Japan since the 1980s—a type of accidental overdose on stress and exhaustion that causes the same end result as any type of lethal overdose. The rise in karoshi in Japan was the result of a similar work-work-work-work-work-work mentality—taking hard work and lack of rest to an extreme that wastes lives and destroys families.

I get it, though. In a culture that increasingly values output and productivity at all costs, it's incredibly tempting to overwork due to extreme FOMO—a fear of missing out on success if you aren't constantly in motion. I've fallen ill to this fear, myself, working day and night, eschewing vacations, and taking stat holidays as opportunities to work more. I thought I'd get ahead, but 24-7

output really just robbed me of enjoying being alive 24-7 (not to mention not being able to remember what happened at the last, like, three Christmases).

So what's the solution? We just need to plan to chill. I know that life is competitive, but what if we started competing for the best friendships, healthy sleep patterns, and daily joy? Travel costs money that we might not have, but vacations don't always have to involve travel. Really, summer vacation at minimum just needs to involve some sort of unplugging and stepping back from the grind. A weekend can be spent stressing over a computer, or it can be spent in the sunshine. The key is making rest and rejuvenation a priority—a part of your overall strategy for academic, social, and career success.

The truth is, you really can't sleep when you're dead, and life is so short. This summer, try your best to make like Ferris, because “Life moves pretty fast. If you don't stop and look around once in a while, you could miss it.”

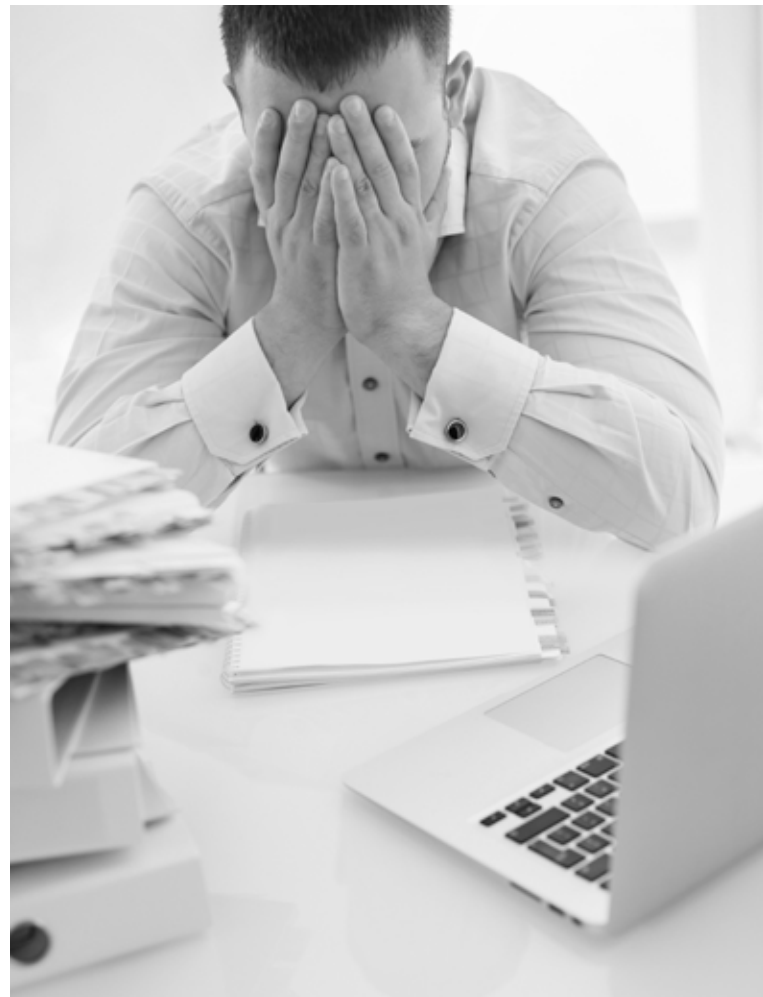


Image via thinkstock

What to do when you don't like your group

> All projects need a leader—could it be you?

Elliot Chan
Opinions Editor

We've all been in a group project where we felt that we've drawn the short straw. In every classroom there are the students who are the workhorses, there are those who are naturally gifted, and there are those who are simply slackers. At one point or another, you'll get the last pick and end up in an indecisive group where progress is agonizingly slow. Most likely, you'll be waiting for someone else to finish his or her part before you can complete yours. This pushes the workload further and further towards the deadline, causing a lot of stress for those who genuinely care.

I've been in those types of groups, and I've been both a diligent worker and an idle procrastinator at different times. I'm sure there are people in the world that will vow to never work with me again, or even talk to me. However, there are people who I have a great working relationship with. Why does one environment cause me to retreat into my shell and another allows me to meet or exceed expectations?

Group projects, without a



Image via thinkstock

measure of respect within the group, are volatile environments where people's emotions and the idea of fairness harm the process of the assignment. When a group of students is left to govern and motivate themselves to finish a project—one where the only guidelines are written

on a piece of paper—there are bound to be disagreements. These disagreements can sustain themselves throughout the length of the project and go unresolved until the very moment you hand it in. Why?

The problem with bad group projects is that nobody rises

up and takes a leadership role. With no guidance, what ends up happening is that the collective begins to resent each other, as work is not being completed, or is being completed in an unsatisfactory way. I know we all think of ourselves as adults who are capable of

taking on responsibility and following through with it—but I don't believe that maturity or seniority has anything to do with a successful project.

At school, we think of the teacher or the instructor as the boss, but that is not the accurate way of thinking about it. The teacher or the instructor is actually the market—the ones receiving the goods you are making. They are the consumers and you are trying to please them. But if that's the case, then who is the boss?

A leader should always be a member of the team, one who is closely entwined in the happenings of the project. It should never be someone external. It's the reason companies of all sizes have a president, CEO, and managers at every level. Some groups will function fine as a democracy. But if you are dealt a shitty hand and end up with a group of people who aren't motivated, a fair voting system isn't going to work. Someone needs to lay the hammer down, make decisions, delegate work, and make sure there are repercussions if the tasks aren't completed at a predetermined time. In your next group project, make sure that happens.

Exclusive access promotes bad markets and illegal obtaining of content

› Why art exclusivity hurts consumers and artists



Cazzy Lewchuk
Staff Writer

Recently, Beyoncé dropped an unannounced album, *Lemonade*. *Lemonade* was accessible exclusively on Tidal, a digital music streaming service that happens to be owned by Beyoncé's husband, Jay-Z, but has been released for sale outside of the service. Tidal is a newer entry to the music-streaming market, attempting to compete with larger services like Spotify and Apple Music with its exclusive content.

In February, the new Kanye West album *The Life of Pablo* was also released as a Tidal exclusive. Kanye is one of the biggest artists in the world. He's sold over 21-million albums and much more in digital downloads/streaming royalties. This meant that there was a lot of frustration when his album dropped. Many consumers simply did not want to sign up (and pay) for a new service when they already using other reliable music distributors.

Music accessibility has changed in the last few years. Few

people pay for individual albums and even fewer pay for physical copies. It's understandable that certain artists may choose to forgo the CD distribution path altogether and go digital only. But releasing an album on one platform does not allow for easy access. If you want people to hear your music—whether you're a major A-list artist or an independent local musician—it's important to make it easy to listen to and pay for. A major side effect of Beyoncé and Kanye's exclusivity was illegal downloading, another frequently used method of listening to music in 2016. *The Life of Pablo* was downloaded over 500,000 times in its first week of release alone. How many of those downloads would've been prevented—translating to cash revenue for Kanye, his producers, and the distributor—if the album was simply released on all formats straightaway?

Kanye promoted his album as a Tidal exclusive "forever." A couple of weeks later, it was made available for streaming on Apple Music, Spotify, Google Play, and as a straight-up purchase on

his website. This was no doubt due to Kanye's realization of the millions of dollars he was losing out on. As for *Lemonade*, it was made available on iTunes only a few days after its release, and will be released on CD May 6.

A-listers can ultimately choose to release their art however they want. Most of

them have millions of dollars already, and probably don't care personally about potential streams/downloads lost (especially if they have a vested interest like Kanye West and Beyoncé, who are both partial owners of Tidal). It's perhaps the record companies who get hurt more than the artists themselves.

But music, like most 2016 media, demands to be accessed by consumers as conveniently and cheaply as possible. People want to hear your music and many people are even willing to pay money to do so. Let them do so immediately through traditional means or else they'll simply grab it as a torrent for free.

The Arts Council of New Westminster,
New Westminster Public Library, Douglas College
and the Royal City Literary Arts Society present:

LITFEST

NEW WEST

DIVERSE/CITY

MAY 13-19 2016

MAYOR JONATHAN X. COTÉ • UJJAL DOSANJH • JOE WIEBE • STEPHEN QUINN
GRANT LAWRENCE • ART BERGMANN • JOE KEITHLEY • CAROLYN MARK • D. TREVLO
EDEN FINE DAY • SEAN NELSON • LORI HENRY • POET LAUREATE CANDICE JAMES
MICHELLE DEINES • DAVID BLINKHORN • SYLVIA TAYLOR • BENNETT R. COLES • BONNIE NISH
RUTH KOZAK • TREVOR CAROLAN • GAYLE MAVOR • JACQUELINE ROLSTON
BETSY WARLAND • ESMERALDA CABRAL • BEN NUTTALL-SMITH • KATHLEEN FORSYTHE
KEVIN SPENST • JANE BYERS • KURTIS FINDLAY • CHIEF RHONDA LARRABEE • ARIADNE SAWYER
YILIN WANG • DR. AJAY K. GARG • LUCY ORTIZ • TOMMY K. TAO • SELENE BERTELSEN
JACQUELINE MAIRE • HAE YOUNG KIM • ANITA AGUIRRE NIEVERAS • YAMAN SALEH
SATTAR SABERI • MOVIN SABERI • WORLD POETRY • NEW WEST WRITERS
STEEL & OAK • FOUR WINDS • DAGERAAD

READINGS / INTERVIEWS / PERFORMANCES
DISCUSSIONS / WORKSHOPS
MULTILINGUAL POETRY / MARKETPLACE
COMMUNITY EVENTS / MUSIC

New Westminster Public Library Douglas College
The Gallery at Queen's Park Anvil Centre Century House

LITFESTNEWWEST.COM

- ✓ Unprecedented number of flower crowns brings Coachella to an early end
 - ✓ All Asian actors and actresses abducted by aliens
 - ✓ Students parting out textbooks to avoid bookstore buyback
- And more!

Canadian Prime Minister backs Donald Trump

› Justin Trudeau throws his support to the Republican front runner

Jake Wray
Columnist

Prime Minister Justin Trudeau privately endorsed Donald Trump's campaign, according to leaked audio of a phone call between Trudeau and United States President, Barack Obama.

The leak, sent to the *Other Press* and other prominent news outlets by an anonymous whistleblower, consists of roughly 45 minutes of uncensored chatter between the two world leaders.

The pair covered a wide array of topics including Drake's new album, the NHL playoffs, and the upcoming American election. At one point, Trudeau can be heard saying he hopes Trump will win the Republican primary and the subsequent general election.

"My money's on Trump. I mean, it would be pretty fucking

zany," Trudeau said. "Sorry, man, I know you're sensitive about Republicans. He's just epic. He has bold ideas—he's such a character. If he gets elected, the next four years are going to be exhilarating. Who knows what could happen?"

Obama responded with a chuckle, "Heh, yeah, I have to admit that would be pretty dope."

Trudeau's comments are being met with ire by pundits and commentators across the political spectrum. Beloved American commentator Nancy Grace ("One of television's most respected legal analysts," according to her website) proclaimed on her show that Trudeau is a fraud.

"What are you doing? You're not a part of this club. It's weird, like when you want to hang out with your friends and then your little brother tags along



Photo illustration

and tries to fit in," Grace said.

"You don't even despise Muslims, and it is an absolute insult that you would express fondness for Trump's inspiring campaign. Are you doing this ironically, you dirty, pot-addled, Canadian hipster?"

Neil Macdonald, a CBC

correspondent known for his thoughtful and hard-hitting political commentary, published an uncharacteristically short column in response to Trudeau's comments. "ಠ_ಠ," Macdonald wrote. "ಠ_ಠ ಠ_ಠ ಠ_ಠ."

Following the leak, a

Facebook group was created for Canadians who are threatening to move to America in protest. At the time of writing, approximately 75,000 people have liked the group. Kevin Copely, who created the group, said people should head to greener pastures immediately.

"This country is going to the dogs," Copely said. "Trudeau's transgressions get worse by the day. When marijuana is legalized, there will be anarchy in the streets. Please, people, for the sake of your children, you must leave at once. America is safe, clean, and reasonable. Join me in my journey to the land of the free."

In a press conference this morning, a CNN reporter asked Trump for his response to Trudeau's comments.

"Who?" asked Trump.

Breaking: Young adult goes travelling, does not post to social media at all

› Modest traveller manages to enjoy trip without social reassurance

Chandler Walter
Humour Editor

He went on the trip of a lifetime, and enjoyed it solely from the experiences he gained, the people he met, and all the things he saw.

In a striking turn of events, 21-year-old traveller Jack Thompson travelled across the world and managed to keep everything that he had done off of social media.

Thompson, a graduate of Pinetree Secondary School, had decided to go on extended vacation after saving up enough money working at a local coffee shop since graduating.

"I always knew I wanted to travel before starting post-secondary," Thompson said in an email interview, "to really see the world and figure out what it was that I wanted to become. So I just started saving up."

Thompson went on a half-year excursion, during which he backpacked across Europe, surfed in Australia, partied in Thailand. He even disagreed with the treatment of elephants as transport vehicles, and the drugging of lions in local zoos, but never posted his feelings on the matters.

What was most astonishing about Thompson's entire experience was not what he saw, but what he didn't show. The young man somehow spent the entirety of

his trip off of social media, even though he had a working iPhone and full data plan.

"I just, I wanted to experience these things for myself, not for anyone else," Thompson admitted. "If I decided to do something during my trip, I didn't want how cool it would look on Instagram or Snapchat to influence that decision."

Thompson also admits that while he did take many pictures on his trip, he didn't think that any of them were all that interesting to people who did not participate in the experience.

"Why would I post a picture of the Eiffel tower? People know what it looks like, and a picture taken from my iPhone 5c will have nothing on some of the amazing pictures that have been taken of it professionally. I did take a selfie with it in the background, but that's just so I can remember it."

Thompson kept a journal during his trip, documenting every where he went and all the people that he met. When asked if he was thinking about turning his entries into blog postings, Thompson explained that he had no intentions of publicizing his experiences.

"I had a good enough time just being there, just living it. My friends know that I was there, and if they ask, I have some pictures to show them, or some great stories to tell them over beers. Doing it that way just feels a bit more human, doesn't it?"



Image via thinkstock

Surviving a cross-province trek via Greyhound

> How I almost died to save a few bucks

Cazzy Lewchuk
Staff Writer

Recently, I took a trip to the far backwoods of Calgary, Alberta to visit relatives and celebrate the end of the semester.

Greyhound buses are considered one of the best forms of travel... right after airplanes, driving, trains, motorcycle, bicycling, or merely walking the 970 kilometres. The company offers some of the lowest rates around, in exchange for abandoning non-essentials such as seatbelts, comfort, in-travel entertainment, and a sense of security and safety. Eventually I arrived at my destination, only somewhat the worse for wear.

I arrived at the terminal at 3 a.m., realizing that a middle of the night trip was slightly cheaper and a lot less crowded. On my way into the station, I was approached by no less than four very friendly bearded men offering me not only opportunities to make money, but generously cheap offers for sexual favours and illicit substances. Imagine my reassurance when I saw these same men later

boarding the bus with me! You certainly don't meet these sorts of friendly characters when flying.

I took up a conversation with my seat mate about the weather, which quickly devolved into exciting stories of his time spent in incarceration. I was momentarily terrified, but quickly reassured when he told me he was "set up by the fuzz," and that, "ma cook buddy betrayed me." He even showed me a weapon he had made in prison to deal with "losers" and "people who look at me funny on buses."

We stopped for a quick break at 7 a.m. and my new friend offered to take me behind the bus so he could "deal with me," which I assume meant offer me a cigarette. Not being a smoker, I politely declined. I received a few more offers while stretching my legs for narcotics and sexual acts; I've never had so much attention paid to me in my life.

In fact, I was so distracted by these friendly people that I realized the bus had left without me. I quickly talked to the lady working the ticket counter, who called me a "low-ass idiot



Illustration by Ed Appleby

punk" and after a while offered to book me on another bus departing only 12 hours later.

Having been too enthralled by the conversation with my seat mate to sleep during the bus ride, I fell asleep inside the

terminal. I woke up without my shoes and with a confused fellow peeing on my leg. I pointed him in the directions of the restroom and, after a few more hours of declining friendly offers, got on a bus going to Saskatoon.

A few days later, after a couple more layovers and confusion, I arrived in Calgary missing only my luggage, shoes, and wallet. Despite the cost of replacing these things, it still remained cheaper than flying.

Unprecedented number of flower crowns brings Coachella to an early end

> Swarms of bees too much for festival staff to handle

Chandler Walter
Humour Editor

Attendees of California's famous Coachella Valley Music and Arts Festival had their weekend cut short after a massive raid by swarms of vicious bees.

Local beekeeper Frank Hudson said that the festival "had it coming."

"I say it every year, and no one listens," Hudson said during a phone call. "It's those damn flower crowns. A crowd at Coachella is basically a moving garden."

The bees attacked late Saturday afternoon, approaching in a roving swarm that blocked out the sun. Many festival goers were too intoxicated to realize that the thousands upon thousands of flying insects were not just a simple cloud, and as such had no time to find cover or protection.

Dozens have been killed, and hundreds sustained bee

sting injuries. The unfortunate fallen had all sported the biggest flowers crowns at the festival, and as such were the biggest targets of the air-born pollinators.

"I told her not to wear it," said James Henderson, boyfriend of one of the victims whose family has asked to remain nameless. "I told her five sunflowers, three roses, and a dozen camellias was way too many flowers to wear to a festival, but she just wouldn't listen!"

Henderson admits he never thought that he would come of the flowery headwear, and was more concerned with his late girlfriend's neck hurting under such weight, or that she would be blocking the view of those standing in the crowd behind her.

"I just thought it was kind of an unnecessary trend that she was buying into," he said through tears. "Had I known it would have led to the end of her life, I would have burned it

long before we drove out here."

Festival staff released a statement shortly after the attack, explaining that the fault is not on them, and that precautions will be taken during future festivals to insure that a similar incident does not happen again.

"We are sorry that the Coachella Valley Music and Arts Festival was cut short this year due to the actions of many of our attendees," the statement read, "but we can assure our fans that we will rally from this incident and come back next year bigger and better than ever. Strict regulations will be placed on flower crowns of any sort to stop any chance of an incident of this size happening again."

It is estimated that roughly 40 per cent of all Coachella attendees were sporting a flower crown of some sort during the attack, translating to around 80,000 flower crowns, and 250,000 individual flowers.

Unintentionally inappropriate vintage ads



FREE for
CHUBBIES

Fall and Winter Fashion Book
full of charming
Chubby-size Clothes

Girls' sizes 8½, 10½, 12½, 14½
Teen sizes 10½, 12½, 14½, 16½

It pictures the newest dresses, coats, suits, sweaters, underthings, skirts, blouses for girls and 'teens too chubby to fit into regular sizes (and everything is priced the same as "regular sizes").

Lane Bryant

If you are not already on our mailing list mail coupon for your Free Chubby Style Book today.
Lane Bryant, 465 Fifth Ave., N. Y. C. 17, N. Y.
Please send me your Chubby Fashion Book RB

Name.....Age.....
Street.....
City.....State.....

"They prefer to be called skinny-impaired"
Brittney MacDonald, Life & Style Editor

All Asian actors and actresses abducted by aliens

› Hollywood studios forced to cast white actors in Asian roles instead

Rebecca Peterson
Staff Writer

The arts world was shocked to the core this past week to learn that every single actor of Asian descent, young and old, has been abducted by aliens.

This announcement from Hollywood came in answer to the many questionable casting choices made these past months, from casting Tilda Swinton as a Tibetan character in the upcoming Marvel movie *Doctor Strange*, to casting Scarlett Johansson as a character named Motoko Kusanagi in *Ghost in the Shell*, even exploring options to make her appear “more Asian” on film.

In light of the public backlash over these decisions, John Smith, a Disney executive, spoke to reporters this past week to deliver the horrifying news.

“If there were any Asian actors, you know, we’d totally cast Asian actors,” Smith said, with an odd laugh. “We’re not racist or anything. The fact of the matter is, we needed actors that would attract audiences, and Asian actors, well...”

Smith trailed off awkwardly, causing the press to ask where exactly he was going with that sentence. “They’ve all been abducted,” he said shortly. “So there are actually no Asian



actors left. At all. It’s really very unfortunate.”

Many reporters pressed for scientific evidence of the mass abduction of Asian performers, but have so far been denied this request.

When asked how this sudden loss of all Asian actors might affect the film industry, Smith produced yet another odd laugh.

“I mean, it is unfortunate, but it’s not like we’ve really needed them anyway, right?” Smith said, shrugging. “Hollywood has a long, proud history of making due with the actors we’ve got, and the public has been very accepting of that. Honestly, implying that white people can’t play diversified roles is really just its own kind of racism, isn’t it? Why should white people be pigeonholed into white roles? Just look at that recent Christian Bale movie, *Exodus*. They cast a Welsh guy as a Middle-Eastern person and an Australian as an Egyptian, and it turned out just fine!”

It was promptly pointed out to Smith that *Exodus: Gods and Kings* tanked, largely in part to the white-washing of the main cast.

“Oh, well, what about *Stonewall*?” Smith said. “I mean, the people who originally started the Stonewall Riots that the movie is based on were transgender women of color, but they cast a bunch of cisgender white men, and-”

The reporters pointed out that *Stonewall*, too, tanked horribly at the box office.

“Well,” Smith said uncomfortably. “Remember when M. Night Shyamalan produced a live action version of *Avatar: The Last Airbender*?”

Reporters at the press conference promptly began throwing tomatoes at Smith, who was forced to flee the stage. Upon his hasty exit, Smith was overheard saying the following to an advisor: “I don’t think they bought it. We’re going to have to come up with something else.”

Students parting out textbooks to avoid bookstore buyback

› One hundred fifty per cent increase in return

Chandler Walter
Humour Editor

Some students have found a way around the robbery of the end of semester bookstore buyback, and have taken to the Internet to enlarge their community.

“Textbook junkyards” are popping up all over the internet, with many students taking it upon themselves to buy back their classmate’s books, and they’re managing to do it at a price higher than that offered by the book store.

Clyde Jackson, a second year student in Douglas College’s creative writing program, has been buying all the textbooks that he can get his hands on during the end of the year.

“It’s pretty easy, actually. I just sit myself down in from the of the bookstore and tell students looking to sell back their books that I can give them twice as much as what the bookstore is giving them,” Jackson said. “They usually walk out of there with books that they paid hundreds of dollars for, refusing the \$15 offered by the bookstore.”

Jackson said that his new model of textbook resale is what keeps him in business.

“I call it parting out the book, like you would a car. Any book is made of parts: Chapters, poems, diagrams, you name it. No one needs the whole damn book, and no one

wants to pay for something they’re not going to use.”

Jackson has been cutting out and rebinding the different parts of the textbooks, and selling them in multiple packages far below the rate of the book itself.

“It’s all about knowing which part will run well—sorry, read well—with each specific class.”

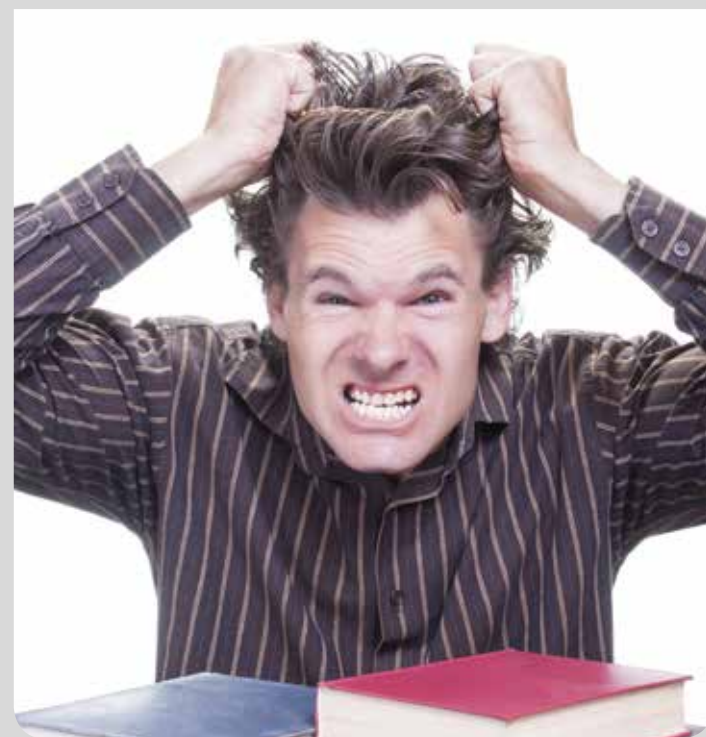
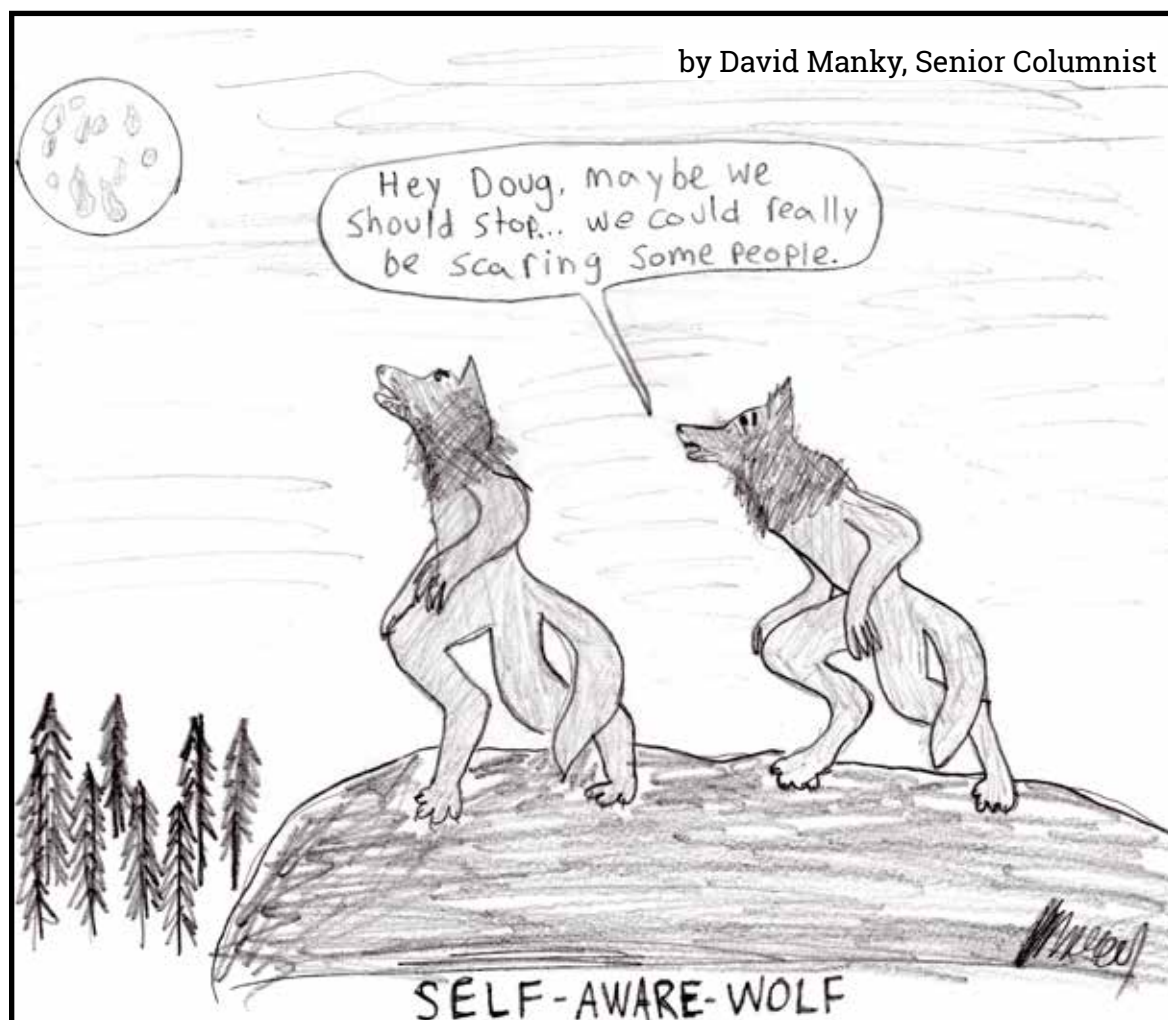
While this method may seem like a lot of work, Jackson said that it averages out to roughly \$25 an hour for him, once all the parts have been sold.

“And I tell you, they will be sold. I’ve already got two employees under me, running the lines by the books store. We’re even starting to get some competition with other students doing the same. Desperate times, desperate measures, and all of that,” Jackson said.

The college is furious with the new buyback scheme, and Scrooge Duff, the management head of the college bookstore, said that the Textbook Junkyards were costing him a fortune.

“How am I supposed to afford another yacht if there aren’t enough books to resell to these kids for 500 per cent profit?” Duff asked during an interview. “Oh, these kids can’t afford to buy from the bookstore? What are they spending their student loans on anyways, food and shelter? Ridiculous.”

by David Manky, Senior Columnist



**Your 2016-17 Douglas Students' Union Representatives
welcome you to the summer semester!**



College Relations Coordinator - Monique Paulino
David Lam Representative - Meredith Graham
External Relations Coordinator - Surya Viswanathan
Internal Relations Coordinator - Jerzy Mazurek
Treasurer - Aran Armutlu
Member at Large - Prabhjot Kaur Hundal
Member at Large - Manuel Peña
Member at Large - Paul Wittayaworapat
Aboriginal Representative - Sahara Tom
Disabled Students' Representative - Sterling Hillman
Pride Representative - Tanysha Klassen
Women's Representative - Iman Abdulla

TO FIND OUT MORE VISIT THE FOLLOWING:



@DSU18 WWW.DSU18.CA
DOUGLASSTUDENTSUNION